## THE THOMPSON LABORATORY FOR REGENERATIVE ORTHOPAEDICS AND THE MISSOURI ORTHOPAEDIC INSTITUTE

PROUDLY PRESENT



# 19<sup>™</sup> ANNUAL Comparative Orthopaedics Day

### FRIDAY, APRIL 5, 2019

Missouri Orthopaedic Institute
Thompson Laboratory Conference Center

1100 Virginia Avenue, Columbia, Missouri

#### **ABOUT OUR SPEAKER**

e are honored and excited to welcome Dr. Mohit Bhandari to deliver the Littlejohn Family keynote address for the 19th Annual Comparative Orthopaedics Day. Comparative Orthopaedics Day was developed in 2001 by University of Missouri School of Medicine's Department of Orthopaedic Surgery to provide scientists and clinicians a forum to present and discuss orthopaedic research.

Dr. Bhandari currently serves as professor and academic head of the Division of Orthopaedic Surgery at McMaster University. Recognized for his excellence as an academic surgeon and scientist, he is a designated University Scholar at McMaster, a title held by less than 10 individuals within the entire University. He is the associate chair of research in the Department of Surgery and holds a Canada Research Chair in Evidence-Based Orthopaedics - the only chair of its kind in Canada. He received his masters degree in health research methodology from McMaster University and his



MOHIT BHANDARI, MD, PhD

PhD from Goteborg University (Sweden). He is recognized as a global leader in evidence-based surgery and orthopaedic research, receiving the field's highest awards including the Royal College of Physicians and Surgeons Medal, the Edouard Samson Award and the Kappa Delta Award. He has been acknowledged among the top 10 most cited orthopaedic fracture surgeons in the world. To this end, Dr. Bhandari has published over 1,000 papers and has served as lead editor for several of his field's major research textbooks, including the best-seller "Evidence-Based Orthopaedics". Receiving over \$50 million in research funding over his career, Dr. Bhandari's commitment to evidenced based practice; high-quality, globally-relevant research and translation of evidence to patient care has garnered his recent induction into the Province of Ontario's highest civilian honor, the Order of Ontario, and most recently the Canada's highest honor, the Order of Canada. He has also been awarded the Canadian Orthopaedic Association's Award of Merit, McMaster University's Distinguished Alumni Award and the College of Physicians and Surgeons of Ontario's Council Award for Outstanding Achievement.

SPONSORED BY THE LITTLEJOHN FAMILY ENDOWMENT SINCE 2009

**REGISTRATION IS FREE.** Register to attend by emailing *salmonl@missouri.edu*. Parking is available in Parking Structure 7, located on the corner of Virginia Avenue and Monk Drive.





19TH ANNUAL

### Comparative Orthopaedics Day

#### MISSOURI ORTHOPAEDIC INSTITUTE

Thompson Laboratory Conference Center

#### **SCHEDULE OF EVENTS**

### FRIDAY

APRIL 5, 2019

The Office of Continuing
Education, School of
Medicine, University of
Missouri is accredited by
the Accreditation Council
for Continuing Medical
Education (ACCME) to
provide continuing medical
education for physicians.

The Office of Continuing
Education, School of
Medicine, University of
Missouri designates this
live educational activity
for a maximum of 5.0 AMA
PRA Category 1 Credits™.
Physicians should only claim
the credit commensurate
with the extent of their
participation in the activity.

8:45 A.M.	WELCOME AND INTRODUCTIONS	COOK

9 A.M. KEYNOTE LECTURE:

Think Bigger: The New Paradigm of Evidence-Based Orthopaedics BHANDARI

10 A.M. BREAK

10:30 A.M. Mizzou Biofoint®: Hip and Ankle Update CRIST

10:50 A.M. Use of Biological Markers to Develop Exercise Regimens for
Individuals With Knee OA

JAYABALAN

**11:10 A.M.** Streamlined Skeletal Maturation and Implications for Clinical Practice DUREN

11:30 A.M. Vertebral Body Tethering at Mizzou – Two-Year Outcomes HOERNSCHEMEYER

**12-1:20 P.M.** BREAK (Box lunch provided)

1:30 P.M. Are All ACL Grafts Created Equal? Early Biologic Response

Differences From Common ACL Autograft Fibroblasts CARDONA-RAMIREZ

1:50 P.M. Mizzou Knee Arthrometer Testing System (MKATS) GUESS

**2:10 P.M.** Missouri Functional Assessment Screening Team (MFAST) GUESS

**2:30 P.M.** Bariatric Surgery and Bone: Implications and Clinical Consideration BAKER

2:50 P.M. BREAK

**3:20 P.M.** Accurate Prediction of Lumbar Microdecompression Level With

an Automated MRI Scoring System ROLLER

**3:40 P.M.** Does Insulin Modulate the Metabolic Responses of IVDs When Stimulated

With Cytokines Elevated in Diabetics

LAMBRECHTS

**4 P.M.** Exploring the Pathobiology of the Injured Knee Meniscus MONIBI

4:20 P.M. CLOSING REMARKS COOK