ECG DILEMMA

Zachary Oman¹, Leni Abraham², Piotr J. Horbal¹, Jad Raffoul², Tarek Helmy²

Corresponding Author: Piotr J. Horbal, DO. 3635 Vista Ave, Deslodge Tower. St. Louis, MO 63110 (piotr.horbal@health.slu.edu)

Received: June 28, 2019 Accepted: September 13, 2019 Published: October 2, 2019

Am J Hosp Med 2019 July;3(3):2019.013 https://doi.org/10.24150/ajhm/2019.013

CASE

A 31-year-old man with an unremarkable past medical history presented with substernal chest pressure without radiation of two-hours duration. The patient's vitals remained stable and an ECG was obtained. What is the diagnosis?

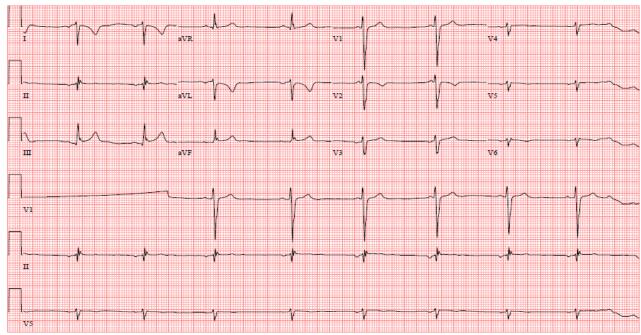


Figure A

- A) Myocardial Infarction
- B) Right Ventricular Hypertrophy
- C) Lead Malposition

- D) Dextrocardia
- E) Normal Sinus Rhythm

¹ Department of Internal Medicine, Saint Louis University School of Medicine, St. Louis, Missouri

² The Center for Comprehensive Cardiovascular Care, Saint Louis University School of Medicine, St. Louis, Missouri

ANSWER

D) Dextrocardia

DISCUSSION

Situs inversus totalis is a rare congenital condition with complete reversal of visceral organ orientation occurring in approximately 1/10,000 live births (1). In this condition, the heart is also found in a mirrored position within the right chest with its apex pointing right. This anatomical transposition creates a falsely distorted electrocardiographic polarity with standard lead placement. In a normal position, the electrical conduction of the heart creates a downward and leftward vector. In dextrocardia, however, the vector of electrical conduction is downward and rightward. With standard lead placement, dextrocardia is electrocardiographically seen as RAD, negative P-QRS-T complexes in lead I, positive P-ORS-T complexes in aVR, and poor R-wave progression of the precordial leads (2). The ECG (Figure A)

presents this as atrial bradycardia with right axis deviation, negative P-QRS-T complexes in lead I, positive QRS complex in lead aVR and poor R wave progression in the precordial leads.

To adequately correct for this, all ECG leads must be reversed from their standard positions. In our case, only the precordial leads were reversed which is why there was correction of the poor R-wave progression with no change in the limb leads. The reversal of only the precordial leads allowed for analysis of the ECG from 2 perspectives; being able to differentiate the precordial vectors adjusted for situs inversus, while understanding unchanged limb lead properties simultaneously (Figure B). A chest x-ray confirmed the diagnosis of dextrocardia (Figure C). Our patient was likely in sinus bradycardia. However, because the limb leads were not also reversed, this can only be assumed, as a sinus rhythm is defined as positive P-waves in leads I and II and inverted in aVR (3).

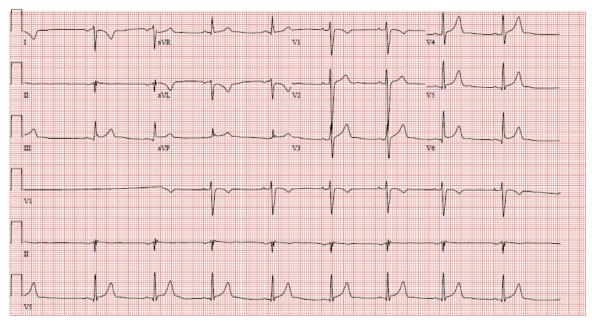


Figure B

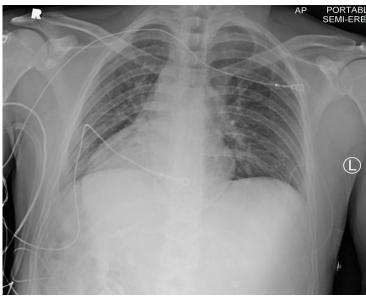


Figure C

Notes

Author contributions: All authors have seen and approved the manuscript, and contributed significantly to the work.

Financial support: Authors declare that no financial assistance was taken from any source.

Potential conflicts of interest: Authors declare no conflicts of interest.

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