

# Family & Community MEDICINE

Summer 2020

## BEN CRENSHAW, MD

the story of a physician who honors the stories of his patients

"I encourage my patients to tell me their stories. Immersing myself in their stories and valuing their personal narratives informs how I practice," says Dr. Ben Crenshaw. "This probably sounds strange coming from an introvert, someone who doesn't particularly like talking about himself – I can be a bit of a challenge to get to know."

During a recent conversation, however, Dr. Crenshaw shared a version of his story that reveals him to be a thoughtful, intelligent and authentic physician who is incredibly dedicated to his patients. He values their stories, respects their autonomy, and views himself as a partner on their personal health journey. But, at the end of the day, Ben's story is all about family. Evenings at home with his wife and two daughters fill his life with amazing joy and happiness.

### WHEN BEN CRENSHAW TALKS

about himself, he reveals the story of a person guided by humility, honesty and humanity throughout his life and career.

With a double-major in biochemistry and religious studies from the University of Tennessee-Knoxville, Dr. Crenshaw describes himself as the "quirky character" who migrated between two very different sides of campus, figuring out a career path that would give him opportunities to help people and use both interests in meaningful ways.

"I decided to become a doctor, knowing that I'd be able to use and appreciate the scientific and social sides of humanity to care for my patients. As a religious studies major, I

had a desire to understand my own beliefs as well as the belief structures of others. A sense of shared humanity grew out of that," he says. "Sometimes when I'm with patients and learners, I jokingly admit that I don't use the biochemistry side of what I know on a regular basis, but I sure as heck use my humanities education, as we swim in conversations about meaning, belief and values."

A theme that emerges early in Dr. Crenshaw's story is his passion for helping disadvantaged populations. He credits an experience he had as a medical student at University of Tennessee-Memphis for solidifying his desire to take this passion into a career in family medicine.

"During my fourth year in med school, I went to New Mexico to do a rotation at Crownpoint Healthcare Facility on the Navajo Reservation (Indian Health Service). This capstone experience impressed in me values that continue to influence my attitude and practice as a doctor. I got to see and experience life as a holistically minded physician in a comprehensive primary care model when I was at Crownpoint. I still think about my mentors there and aspire to model them in my own practice."

### BEN CRENSHAW RUNS

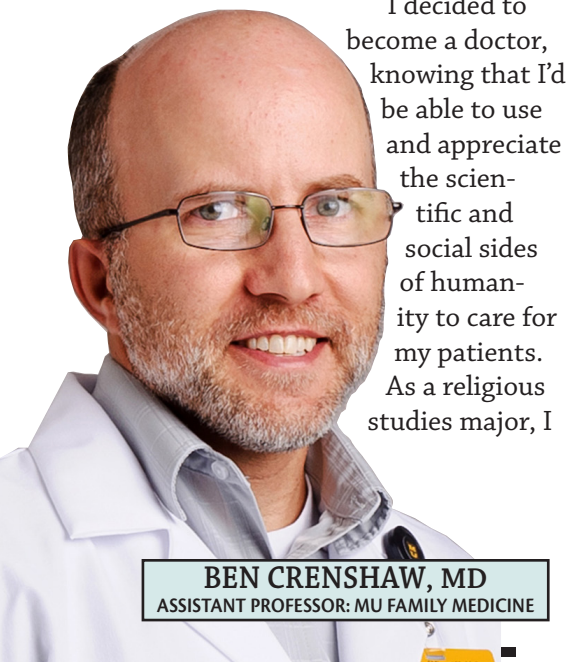
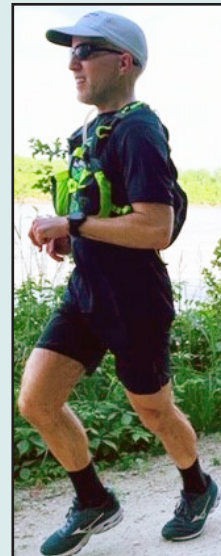
"As a child, I never developed the skills or the build to be an athlete, so I didn't play many sports. I was the 'smart kid' who held the clipboard and sometimes helped out in practice by being a body."

I started running when I was in college, and I haven't stopped for any extended period since.

Running is an investment in time and in myself. I start my day with it, generally very early, and it puts me in a better place. I don't often think about work when I run; I sometimes don't think about anything and mostly focus on breathing and motion. For me, running is a quiet mind-active body experience.

I average about 40 miles a week and keep looking for time and ways to push myself to run longer, though faster seems to be eluding me. So far I've run seven full marathons and three 'official' ultra-marathons. My stretch goal is to someday complete a 100-mile race.

I did my longest run ... a 62-mile race ... last fall in Wisconsin. I ended up only running the first 33 miles; after that, everything started hurting. I walked/shuffled the last 30 miles. It was interesting to say the least, but I kept going forward. My time: 17 hours. I was the last person to cross the finish line at 10:30 PM. At one point, people thought I was missing, but I never left the course. When we got it all sorted out, they knew I was fine ... just moving very slowly."



**BEN CRENSHAW, MD**

ASSISTANT PROFESSOR: MU FAMILY MEDICINE

# CHAIR'S MESSAGE

DEAR FRIENDS,

When Steve Zweig accepted the job of interim (now permanent) Dean and asked me to be interim (now permanent) Chair, I certainly knew there would be challenges for both of us, but a pandemic wasn't on the radar screen.

Now in the midst of COVID19, our patients look to us to help them sort through the inadvertent and deliberate misinformation as well as the best information that changes at a disorienting pace. So much of what you will read on these pages highlights the relationships that we family physicians hold central to our work, and the trust patients place in us, especially in trying times. The work that we do matters, now perhaps more than ever.

Family and Community Medicine at MU has been challenged, like all other departments and practices across the country, as our work life has been upended in many ways. A precipitous drop in both state support for higher education and in clinic volume threatened us for a time. But the department rallied, video visits were ramped up in three days and virtual care was for a short time most of what we did. With the firm commitment that our highest priority was patient, staff and provider safety, our volumes have returned to normal, largely but not exclusively in person. We welcome the option of a video visit as a positive enhancement to patient care when in-person care is not possible or necessary.

We all know the struggle is not over. Indeed as I write this, COVID19 is now surging across Missouri. But we are not "circling the wagons" waiting for this to pass. We are looking forward optimistically, creatively planning for the next twelve months and beyond as we continue to serve all parts of our mission. For everyone reading this, we thank you for your support and encouragement, and for who you are and what you do.

Please enjoy these stories from the family of family medicine at Mizzou. I certainly did.



**MICHAEL LEFEVRE, MD, MSPH**  
PROFESSOR AND CHAIR  
**JACK M. AND WINIFRED S.**  
COLWILL CHAIR

## MU FAMILY & COMMUNITY MEDICINE FACULTY FOCUS

### WARM WELCOMES ...

**CHARLENE ADKINS, MD**, assistant professor, joined our faculty and the hospice and palliative medicine team at MU last fall. In addition to practicing outpatient palliative medicine at Ellis Fischel Cancer Center, Dr. Adkins is rotating and doing consultations with MU's inpatient palliative care service.

A graduate of University of Missouri School of Medicine, Dr. Adkins completed her Emergency Medicine Residency at Henry Ford Hospital, Detroit, MI, and a Hospice and Palliative Medicine (HPM) Fellowship at KU Medical Center, KS. From 1991-2010, Dr. Adkins practiced emergency medicine, and since finishing her fellowship in 2011, she has focused her career on hospice and palliative care.

Dr. Adkins loves her job, but when she's not working, she enjoys spending time with her favorite things, which include photography, good friends, good food and big dogs.



**MONA BROWNFIELD, MD**, assistant professor, joined our faculty in February after the Boonville Clinic, where she had practiced for nearly 20 years, was closed by Pinnacle Health System. Dr. Brownfield saw patients at our Fayette Medical Clinic until the new Boonville Clinic opened in July. She also cares for nursing home patients and teaches family medicine clerkship students.

Dr. Brownfield, who earned her MD from the University of Missouri, is a 2001 graduate of MU's Family Medicine Residency. Having lived and worked in Boonville since completing her training, Dr. Brownfield's commitment to her community is strong, personally and professionally.

Dr. Brownfield and her husband, Ken, have two children. Kellen is a chemical engineering major at MU. Addison is a high school student and star on the basketball court.



**ROBERT KOCH, MD**, assistant professor, joined our faculty in February after the Boonville Clinic, where he had practiced for nearly 35 years, was closed by Pinnacle Health System. Dr. Koch saw patients at our Fayette Medical Clinic until the new Boonville Clinic opened in July.

Dr. Koch is a 1982 graduate of University of Iowa Medical School. Since completing his residency at East Tennessee State University Bristol Family Practice in 1985, he has lived and practiced in Boonville.

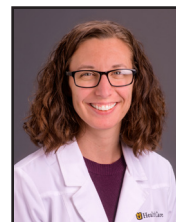
Dr. Koch is committed to underserved populations and has gone on several mission trips through the years. When not at work, he likes to garden and spend time with family; Dr. Koch especially enjoys playing with his grandson.



**ASHLEY MILLHAM, MD**, assistant professor, joined our faculty this spring and is seeing patients at South Providence Family Medicine Clinic. She was appointed medical director of the Columbia/Boone County Health Department last fall and continues to serve that role.

Dr. Millham, who earned her MD from the University of Missouri, is a 2014 graduate of MU's Family Medicine Residency. After residency, she practiced at Columbia Family Medical Group until she was recruited by our department.

Dr. Millham and her wife have a son, 2, and two foster children, so most of her free time is consumed by the joyful chaos of the toddlers who surround her.



**MICHAEL ULEN, MD**, assistant professor, joined our faculty this summer and is seeing patients at South Providence Family Medicine Clinic. In addition, Dr. Ulen is attending for family medicine residents in clinic and on our inpatient service.

Dr. Ulen, who earned his MD from Creighton University, Omaha, NE, is a 2020 graduate of Clarkson Family Medicine Residency in Omaha.

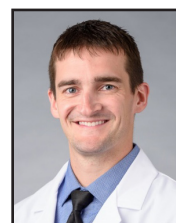
Dr. Ulen and his girlfriend, Kara, an accountant, are looking forward to making Columbia, MO, their new home.



**BRADY FLESHMAN, MD**, assistant professor, joined our faculty this summer. He is seeing patients at South Providence Family Medicine Clinic, and he is doing outpatient attending for family medicine residents. In addition, Dr. Fleshman is practicing sports medicine and has a joint appointment with Missouri Sports Medicine, a unit of MU Orthopaedic Surgery.

A 2019 MU Family Medicine Residency graduate, Dr. Fleshman completed a one-year Primary Care Sports Medicine Fellowship at University of Kentucky, Lexington, earlier this summer.

Dr. Fleshman and his wife, Kara, are excited to be moving back to Columbia. Kara has a job at Veterans United and has been working remotely this past year.





# MATTHEW JOHN, MD

## FAMILY PHYSICIAN & TEACHER

MATTHEW JOHN, MD, earned his medical degree from the University of Missouri in 2006, then completed Family Medicine Residency (2009) and a Sports Medicine Fellowship (2010) at University of Missouri, Kansas City. Currently, he practices at Summit Family and Sports Medicine in Lee's Summit, MO. Dr. John, who began precepting medical students soon after he finished his fellowship, is highly regarded and respected by students who have worked with and learned from him:

**“DR. JOHN is an exemplary physician and teacher who is dedicated to his patients, his team, and visiting students. He is very welcoming and introduced me to every patient like I was a celebrity or something. Mizzou is his alma mater, so he tells his patients that MU students are from the best medical school in the world. His excitement and confidence creates a fun environment to learn.”**

**“DR. JOHN sought out, listened to, and respected my ideas even when my opinion was incorrect. What I learned from Dr. John is invaluable and helped me understand what it means to be a physician who is truly committed to providing care that is patient-centered and compassionate.”**

**“DR. JOHN has great rapport with his patients and discusses diagnoses/treatment plans with them in a very clear and thoughtful manner.”**



### Why medicine ... why family medicine?

**DR. JOHN:** I grew up in Blue Springs, MO. I took a pre-medical path as an undergraduate at Mizzou, mostly on a whim. I was certainly interested in the biological sciences then, but initially my looking into medical science and practice was more of a 'huh, well that sounds like fun.' I had a strong interest in community service at that time and volunteered quite a bit with a service fraternity called Alpha Phi Omega. At some point I realized that medicine, family medicine in particular, presented an opportunity for me to pursue both of my interests: humanitarianism and biological science.

I shadowed Stephen Griffith, MD, a family physician at Truman Medical Center-Lakewood, during my sophomore summer. To this day the man remains a family medicine wizard. I watched him deliver evidence-based, practical medicine to patients while developing family-like bonds with them at the same time. The way he interacted with patients was impressive and sold me on family medicine.

### How would you describe your practice?

**DR. JOHN:** I work at a small, private practice in Lee's Summit, MO, with three family physicians and two physician assistants. I currently do general primary care, cradle to grave, as well as primary care sports medicine, all in the outpatient setting.

### When did you start teaching?

**DR. JOHN:** The two physicians at the practice I joined right after finishing my fellowship were taking students from KCUMB, Kansas City's osteopathic medicine school, so I decided to precept, too. From day one, I absolutely loved teaching medical students and residents. Since then I've taken about 4-6 medical students per year from MU (my alma mater), UMKC and KCUMB.

### Describe the doctor/student experience?

**DR. JOHN:** Medical students carry with them an energy and excitement that is infectious. When I get bogged down in the daily outpatient routine of my job, I sometimes wonder why I continue to do this ... work hard, worry often, read a lot, attend meetings, create systems and processes, face burnout, and strive to maintain balance between work and family.

But then, when I walk into clinic one day and see a fresh face I haven't seen before, it hits me, 'oh yeah, I'm teaching a medical student this month!' I feel a renewed sense of purpose with that realization.

As I spend my day in clinic with a student – teaching, bouncing ideas off him/her, and reviewing medical literature to help inform decisions, I remember why I'm here. I'm in this for patients ... to promote humanity, to guide people through a complex medical system, to legitimately make people's lives better in small, incremental and meaningful ways. It's scary how easy it is to forget this, but comforting to know that when a student is with me, I am reminded about my purpose and all the reasons I became a family doctor.

### What's the most rewarding part of your job?

**DR. JOHN:** For me, the most rewarding part of family medicine will always be the relationships I have with my patients. I really do see them as family; I experience joy and success with my patients, and I feel pain with them as well.

### What about the challenges?

**DR. JOHN:** The most challenging part of my job is balancing family and work. Medicine can be mentally and physically taxing, and there are days when I am exhausted, with no energy left for my family, or the hobbies and exercise I need and enjoy. I have to remind myself regularly that to be successful personally and professionally, I must make time for myself and my family.

### Family/hobbies?

**DR. JOHN:** My kids are busy and involved in many activities. Time with them is fun and a great source of energy renewal for me.

I have several hobbies, but the one that serves me best is fishing. I like to hunt turkey and deer, run, and lift weights, but nothing yields obsession and takes away my stress like fishing. Whenever I think about a crawdad imitation crawling across the bottom of the lake, trying to entice that big bass to bite, I'm able to forget about the office, the labs I need to review, and the phone calls I need to return. I encourage all doctors to find a fun and stress-reducing hobby that serves them as well as fishing serves me.

# CONGRATULATIONS TO OUR RESIDENCY GRADUATES

## CLASS OF 2020



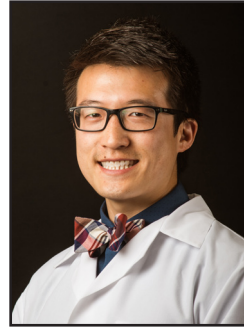
**Joshua Bacon, MD**

Josh is moving to Lake Charles, a city of nearly 80,000 located in southwest Louisiana. Josh will practice outpatient family medicine at Lake Charles Memorial Health System.



**Lisa Camilleri, MD**

Lisa, who moved here from Toronto, is returning to Canada with her fiancé, Roger Krishan. She will be practicing outpatient family medicine in the greater Toronto area.



**Justin Chang, MD**

Justin, his spouse, Kelly, and daughter, Elia, are moving to Cedar Falls, IA, where Justin will practice as a hospitalist at UnityPoint Health – Allen Hospital in Waterloo.



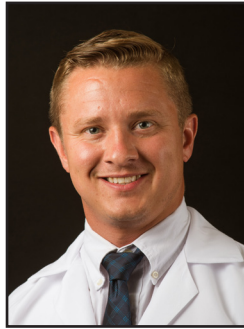
**Gabriel Eljdid, DO**

Gabriel is moving to Cedar Falls, a town in northeast Iowa. Gabriel will work as a hospitalist at Allen Hospital, a 204-bed UnityPoint Health facility located in Waterloo.



**Stephanie Espinoza, MD**

Stephanie is moving to Tennessee to enroll in the Clínica Médicos OB Fellowship. Clínica Médicos is a private practice that offers family physicians training in surgical obstetrics.



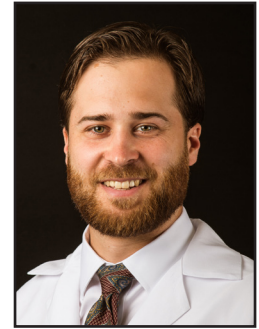
**Tyler Gouge, MD**

Tyler, his significant other, Aireen, and dog, Yams, are staying at MU while Tyler completes a Sports Medicine Fellowship and Aireen finishes her Med-Peds Residency.



**Jonathan Hoskins, MD**

Jonathan joined his wife, Julie, son, Cullen, and daughter, Katie, in Breese, IL, where he is practicing outpatient, inpatient and emergency medicine at Clinton County Rural Health Physicians.



**Eric Kadlec, MD**

Eric will begin a Palliative Care Fellowship at University of Arizona/Banner Health in Tucson, AZ. His significant other, Sarah, is pursuing a master's degree in communication.



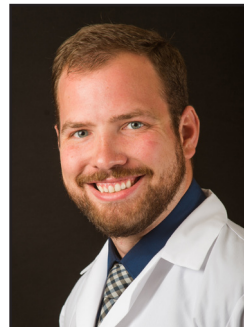
**Mary Murphy, MD**

Mary is returning to Albuquerque, NM, with her fiancé, Peter. There she will provide primary care and addiction treatment services at First Choice Community Health Clinic.



**Misty Todd, MD**

Misty and her husband, 3rd Year Resident Matt Roehrs, are staying in Columbia. Misty will work at Bothwell Health, Sedalia, and do inpatient/maternity care for MU Family Medicine.



**Carl Tunink, MD**

Carl and his wife, Nicole, are staying in Columbia, MO. Carl will begin a Hospice and Palliative Medicine Fellowship at MU and pursue a Master of Science in Academic Medicine degree.



**Lisa Wadowski, MD**

Lisa and her fiancé, Greg Djinis, have decided to stay in Columbia. Lisa is currently exploring several family medicine practice opportunities in the mid-Missouri area.



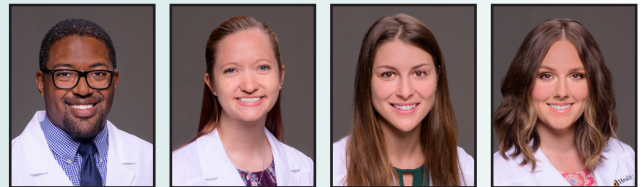
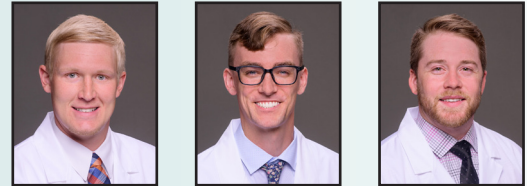
# A NEW CLASS OF FAMILY MEDICINE RESIDENTS

WE ARE PLEASED TO PRESENT OUR FIRST-YEAR AND INTEGRATED RESIDENTS

## RESIDENT (LEFT TO RIGHT)

## MEDICAL SCHOOL

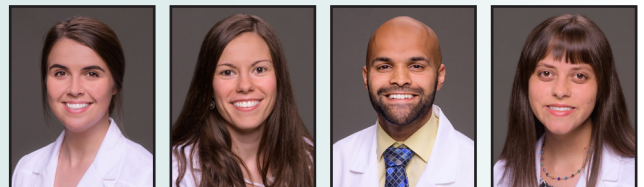
<b>ROW 1</b>	Sarah Bohnert, MD	University of Missouri: Columbia
	Hannah Braungardt, DO	AT Still University: Kirksville, MO
	Maggie Brennan, MD	University of Missouri: Columbia
	Brooke Dean, MD	University of Illinois: Rockford
<b>ROW 2</b>	Dalton Lohsandt, MD	University of Missouri: Columbia
	Daniel Lyon, DO	AT Still University: Kirksville, MO
	Seth Mobley, DO	AT Still University: Kirksville, MO
<b>ROW 3</b>	Colbert Nelson, DO	William Carey University: Hattiesburg, MS
	Melanie Oler, DO	AT Still University: Kirksville, MO
	Danielle Poivre, MD	Washington University: St. Louis, MO
	Nicole Seddon, MD	University of Missouri: Columbia
<b>ROW 4</b>	Conner Sutton, MD	University of Missouri: Kansas City
	Christine White, DO	Kansas City University: Kansas City, MO
	Andrew Wright, DO	AT Still University: Kirksville, MO



## INTEGRATED RESIDENTS:

### FOURTH-YEAR MU MEDICAL STUDENTS (LEFT TO RIGHT):

Tori Dahmer  
Nicole Formhals  
Bilal Quadri  
Eliza Smith



## WELCOME NEW FELLOWS

### HOSPICE & PALLIATIVE MEDICINE FELLOWS

PHOTOS FIRST ROW: LEFT TO RIGHT

**Brittany McCarty, DO**  
IM RESIDENCY ('20): Freeman Health System; Joplin, MO

**Leticia Staner, MD**  
IM/PEDS RESIDENCY ('07): Univ of Missouri Kansas City  
VHA Physician: Truman VA Hospital (2011-2020)

**Carl Tunink, MD**  
FM RESIDENCY ('20): University of Missouri Health Care



### GERIATRIC MEDICINE FELLOW

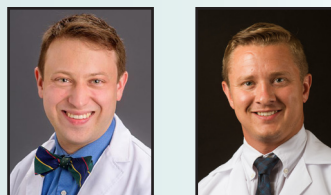
PHOTO SECOND ROW: LEFT

**Thomas Andrews, MD**  
IM RESIDENCY ('20): University of Missouri Health Care

### SPORTS MEDICINE FELLOW

PHOTO SECOND ROW: RIGHT

**Tyler Gouge, MD**  
FM RESIDENCY ('20): University of Missouri Health Care



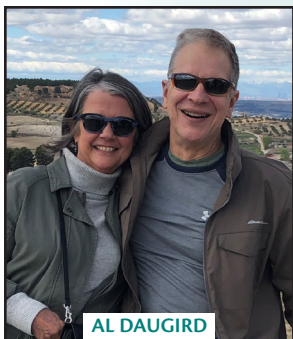
## CONGRATS

### 2020 HOSPICE AND PALLIATIVE MEDICINE FELLOW



### Benjamin Collie, MD

Ben, who completed his internal medicine residency at Loyola Medicine MacNeal Hospital, Berwyn, IL, in 2019, is moving to Carbondale, IL, with his wife, Lizbeth. Ben will be practicing primary care at Southern Illinois Healthcare (SIH) Center for Medical Arts in Carbondale.



AL DAUGIRD  
AND WIFE DEB

“Research has shown that people are happiest with work when they see it as a calling, not a job. It also shows that once we make enough income to comfortably take care of our needs and the needs of our families, more money will not make us happier.

What can make us happy is working in a role where we are challenged, where there is variety of tasks, where what we do has meaning for us, and where what our organization does makes a difference in the world. It also helps to work in an organization where there is psychological safety; where there is clarity of roles and in how decisions are made, and where folks can rely on one another.

Choose where you work wisely. Family Medicine provides an opportunity to make a difference and to be happy. May you find that.”

**Allen (Al) Daugird, MD, MBA**

RESIDENCY CLASS OF **1980**

**DR. DAUGIRD:** “After careers at University of North Carolina Health (UNC) for me and Duke Health for Deb, we moved full time to a North Carolina beach community on a barrier island, where we have had a house for years. I still consult a little, mentoring and coaching some of the leaders I left behind at UNC.

We have traveled a lot and have especially enjoyed visiting half of our National Parks, an incredible national treasure we took for granted. We have seven grandkids, all of whom live in Durham, NC, and having a beach house is a pretty good magnet for them. We have enjoyed doing volunteer work with hunger relief and Al-Anon groups, though that has slowed with the COVID-19 lock-down. A lock-down silver lining has been individual video time with our grandkids – learning and doing all sorts of things together.”

“Do not let others define who you are.”

**K. Patricia (Patty) McGann, MD, MSPH**

RESIDENCY CLASS OF **1980**



PATTY MCGANN

**DR. MCGANN:** “I retired years ago and have not done patient care since then. I’m focused now on regaining a sense of who I am when I’m not practicing medicine. It is an enlightening journey.

I still live in Palo Alto, CA, and enjoy being here. For fun, I go birding and take photographs of them. The good thing about this hobby is that birds are everywhere. I’ve done some international birding/photography as well. If you like birds and photos, you can check out some examples I have on my Flickr site: ‘flickr site for pattymcgann’”

“My career as an MU-trained family physician has been so rewarding! It has taken me to rural practice in a town of 300, through establishing a private practice, into academia at two leading public academic health systems, and into a journey of supporting fellow physicians through the tribulations of electronic documentation and decision support.

You really don’t know how your career is going to wind through the changing health-care landscape – from rigid sigmoidoscopy to colonoscopy and HIV to COVID-19. But rest assured, your training at MU will provide you the basic tools and building blocks to look back with gratitude on your career accomplishments.”

**Donald (Don) Spencer, MD, MBA**

RESIDENCY CLASS OF **1980**

**DR. SPENCER:** “It’s been 25 years since I left the MU Family Medicine faculty and Callaway Physicians to join the faculty at the University of North Carolina at Chapel Hill. My teaching and clinical time is minimal now as my position as CMIO (Chief Medical Informatics Officer) for UNC Health keeps me occupied with the Epic electronic health record in a health system that spans across the state of North Carolina.

I left residency in 1980 with a nine-month-old, and somehow Nancy and I now have three amazing adult children, five grandkids and one foster grandchild. While I always believed that Al Daugird and I had the longest lasting residency partnership, I recently bumped into Barb Levin and Josh Gettinger (Class of 1979) at a meeting in the mountains of North Carolina and was properly reminded that ours was not the longest lasting partnership that grew out of MU’s residency! My beach house on the North Carolina coast is just ½ mile from the Daugird’s, so that must win us some extra friendship longevity points coming out of the residency.

I’ve heard that my interns during residency days, including Williamson, Zweig and LeFevre, have made something of themselves despite my class’s initial impressions.”



DON SPENCER

“Greetings to everyone I knew in Missouri!”

**Kathleen Ellsbury, MD, MSPH**

RESIDENCY CLASS OF **1980**

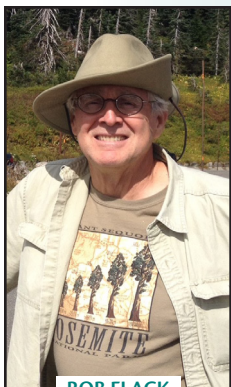


KATHLEEN ELLSBURY  
AND SEV DUNLAP

**DR. ELLSBURY:** “I retired in 2007 after 25 years at University of Washington. Until the recent apocalypse, I spent a lot of time hiking and skiing. Now I dodge walkers in the neighborhood and use a stationary bike! I also enjoy listening to German podcasts, and I wrote a book on our family’s history and a compilation of my diaries and letters pre- and post-D-day.

Between us, Sev (Dunlap) and I have three grandkids age 2 and under, two in LA and one in Seattle.”





ROB FLACK

**“Stay current and be political when necessary (an ER doc was fired here in Bellingham, WA, for speaking out about the local hospital’s lack of adequate protocols and supplies as protection against COVID-19). When in the culture wars we hear that abortion is always wrong, I think back to a nearly full-term anencephalic creature my attending had me take into the storage room until the heartbeat ceased.**

**Class of 2020: Have a balanced life with family and activities away from medicine.”**

**Robert (Rob) Flack, MD**

**RESIDENCY CLASS OF 1980**

**DR. FLACK:** “I retired in June of 2014, after 30 years with Group Health Cooperative of Puget Sound (now part of Kaiser Permanente). After completing residency at MU, I spent nearly a year in Pago Pago, American Samoa as ER director (after the doctor I was working for committed suicide). For the next three years, I was with the Indian Health Service in Tahlequah, OK (the terminus of the ‘Trail of Tears’ – when in the 1830s the good white folks in southeast US forced the Cherokee to march in mid-winter to ‘Indian Territory’ causing the death of an estimated four thousand.)

My wife, Darlene, and I have two sons and three grandchildren. I build and paddle wooden boats as often as possible.”



SUSAN ROACH

**“Class of 2020: My fondest memories and what I miss most about my practice are my patients and getting to know them as people! Getting to know their history - not just medical, but their life history as well. Getting to know about their family, their work and their passions. Being in the same place for 33 years allowed me to grow old with many of them! Knowing who**

**they were and how they looked at the world and their lives helped me to understand how they would respond to suggestions about their care. Best of luck to all of you!”**

**Susan Roach, MD**

**RESIDENCY CLASS OF 1980**

**DR. ROACH:** “I retired in 2015, after serving patients in the same group practice for 33 years. I got certified in travel medicine and incorporated that into my practice in 2010. And for two years after I retired, I continued a part-time travel clinic.

Since fully retiring, I have focused on getting outdoors as much as possible! I enjoy hiking, biking, golf and downhill skiing in season. Travel has been a big part of my life (until we got to ‘stay home’), with hiking in the Italian Dolomites, New Zealand and Peru being high points in recent years. Last summer, my partner, Mary, and our dog, Kili, drove our camper 9,000 miles from our home in Colorado to Alaska and back. 44 days! Gorgeous country, it would be easy to socially distance up there!”

**“We need you. The world needs you. There is so much to be done, and we need your passion, your heart and your mind. Don’t give up; the world is worth it. Your chosen profession is full of possibility and opportunity. Lean into family medicine and change the world around you. This path is narrow and full of meaning. I would do it again.”**

**Coleen Kivlahan, MD, MSPH**

**RESIDENCY CLASS OF 1980**

**DR. KIVLAHAN:** “I serve as executive medical director of the primary care service line at University of California-San Francisco (UCSF). This includes all of primary care internal medicine, family medicine, med-peds, women’s health and geriatrics. We have practices throughout the Bay Area and more than 180 physicians and residents. During the COVID-19 era, I am seeing COVID-positive patients by video and am designing the new contact tracing work at UCSF. I am also faculty lead for a social justice elective for med students in documenting ill-treatment for asylum applicants. It is a great joy.

Personally, I am recovering from 97+ days of COVID-positive state, I am happy to be alive, regaining my prior fitness level, living with Dave, my husband, and my son, Kevin (both of whom remain healthy!), and near my other son, Nate, and his family. I walk on Ocean Beach multiple times per week reminding myself of how lucky I am. Finally turned COVID PCR negative and antibody positive, so all is well. I am ideally suited for my new clinical role in caring for COVID-positive patients.”



COLEEN KIVLAHAN

**“My advice might be not to take advice from anyone more than 40 years older than you – ever – including this!**

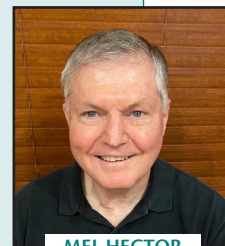
**Were you so inclined, my only comment would be to take whatever time it takes to build your circumstance so that you’ll be able to look forward to what is ahead of you every day of your life. We live in extraordinary times, do we not?”**

**Melvin (Mel) Hector, MD**

**RESIDENCY CLASS OF 1980**

**DR. HECTOR:** “I’m still working and having fun! Half of my time, I serve as Team Health team leader in Tucson, and as a post-acute provider in two different nursing homes. The other half I am an associate professor seeing patients and learners in the University of Arizona-Tucson geriatric clinics.

Paige and I still have a fourteen-year-old son at home – intensely, since the pandemic. I’m enjoying them, as well as writing poetry, plays, children’s books and an occasional medical article. Life’s too short not to enjoy.”



MEL HECTOR



BILL PARKS

**“The family medicine trait of connecting with patients on a personal level helped me so much as an emergency physician most of my career. I urge MU Family Medicine Residents to find ways to connect personally with their patients at the outset of the encounter. Putting your patients at ease will get most of them to trust you, and it will help you communicate effectively with them and care for them in the best ways possible.”**

### William (Bill) Parks, MD

RESIDENCY CLASS OF **1980**

**DR. PARKS:** “I had good intentions to become a family physician, but a few events changed my focus. First was the birth of our first son, Ben, in June 1980. Second was my commitment to work at Lyndon Johnson Tropical Medical Center in Pago Pago, American Samoa, the following year. Before leaving for Samoa, I practiced emergency medicine in the Boone County Hospital ER. I quickly decided that ER work was exciting and satisfying, and the flexible schedule was ideal for family life. So after Samoa, I returned to Boone’s ER for the rest of my career. Because the Emergency Medicine Board had a ‘grandfather’ pathway toward certification, I became EM-certified in 1988. I retired from emergency medicine nearly three years ago.

In retirement, I’ve continued my hobbies of tennis, piano, biking, traveling, cooking, outdoor recreation and gardening, only somewhat modified by the COVID-19 restrictions. I participate in the local chapter of Physicians for National Health Plan (single payer Improved Medicare for All.) Also, I’m training to become a Missouri Master Naturalist.”

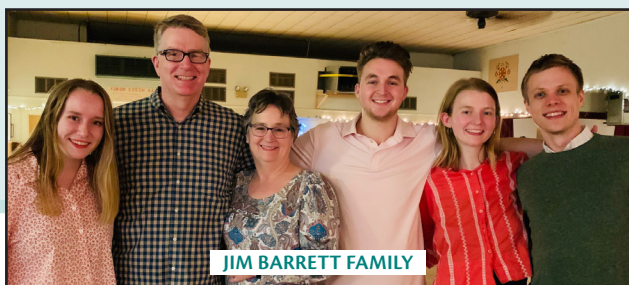
**“Enjoy the ride and take care of yourself so you can take care of others!”**

### James (Jim) Barrett, MD

RESIDENCY CLASS OF **1990**

**DR. BARRETT:** “I continue to work for University of Oklahoma Family Medicine and was recently named interim chair.

Barb and I are celebrating our 29th wedding anniversary this year. Our oldest daughter, Alice, married last year and will be attending medical school in August. Our son, John, just graduated from college and is working for Equitable Advisors. Rachel is our youngest and just completed her first year of college. Barb continues her podiatry practice.”



JIM BARRETT FAMILY

**“I’ve learned not to give advice in general.)**

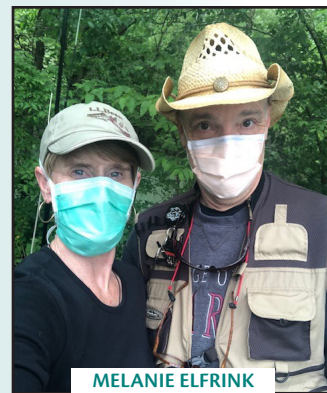
I will say that family medicine can go so many interesting ways, depending on which chapter of life you’re in. It’s allowed me to serve and learn all over the world, and I would do it all again the same way.”

### Melanie Elfrink, MD

RESIDENCY CLASS OF **1990**

**DR. ELFRINK:** “After working in a public health clinic, private clinic, hospital-based clinic, ER, mission trips, and a time doing only home visits in various Amish communities, I’ve been employed at Fitzgibbon Hospital as a hospitalist for the past six years. I’ve loved each of these things but am especially interested in hospital work right now. I continue to learn a lot and enjoy that in a small town, it’s almost like a continuity practice.

Our first two kids are doing residencies, Eden in family medicine at Traverse City, Michigan, and Jacob in ortho at Mizzou! James is a CNA at Lakewood NH in Kansas City. Mary is looking at PhD programs in psychology (or English, still trying to decide). This fall, KK starts a music therapy program at UMKC, and Teresa starts her sophomore year at St. Teresa’s Academy. I’m down to working half-time. Roy is still a gifted general surgeon, and we still live in Marshall, MO.”



MELANIE ELFRINK  
AND HER HUSBAND ROY

**“Try to not get so far into debt that you feel stuck if your plans don’t pan out or if you don’t like what you’re doing. With your medical or osteopathic degree, and with the excellent family medicine training you get at MU, you have an incredible number of career options as a physician. As you learn more about yourself, your passions, and the world, flexibility will give you the opportunity to make changes and discover where you fit the best.”**

### Timothy (Tim) Link, MD

RESIDENCY CLASS OF **1990**

**DR. LINK:** “After working in a variety of roles, I finally found my niche in medicine 14 years ago: home hospice and teaching Hospice and Palliative Medicine Fellows at Kansas City Palliative Medicine.

I enjoy spending my free time with family and friends, and playing the organ (just for fun). It’s a great joy when my newest grandchild visits. Ellie is Sarah and Matt’s first child. Hal Williamson may recall the long labor as we awaited Sarah’s arrival. Despite everyone’s best efforts, she ended up coming by C-section via the OB department.”



TIM LINK  
AND HIS GRANDCHILD





JOHN GAZEWOOD  
AND HIS WIFE PATTY AND DAUGHTER

**“Have compassion for yourself, and for your family, friends and colleagues. Have compassion for your patients – your relationships with them and your love for family medicine will help sustain you**

**through good times and bad times. Be open to change and growth professionally – learning new skills keeps things fun and interesting. And don’t take yourself too seriously.”**

**John Gazewood, MD, MSPH**

RESIDENCY CLASS OF **1990**

**DR. GAZEWOOD:** “I continue to serve as residency program director at the University of Virginia – going on my 14th year! It is a challenging and rewarding role and continues to provide wonderful opportunities for growth. And it’s a lot of fun (mostly) to work with bright and talented young physicians. I have also stepped into the role of vice chair for our department. I’m still trying to figure out what I am supposed to be doing, apart from going to more meetings.

My family has had a year of joys and sorrows. My oldest, Ginny, married a wonderful young man this past September. Shortly after, my mom died following a brief illness. And then my nephew, Michael, died unexpectedly right before Thanksgiving. That has been very hard, but it has brought me closer to my sister and brother-in-law. My wife, Patty, is pursuing a master’s degree in pastoral care, with plans to become a chaplain. Our youngest just finished high school and will be going to Notre Dame. Our son, JP, is a programmer at Fannie Mae by day and a musician by night, and my son, David, is entering his final year at UVA. And I try to get outdoors as much as I can.”

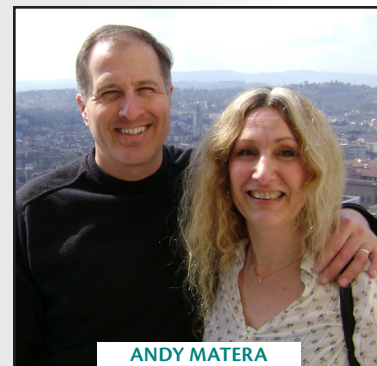
**“As I’m thinking about your graduation with all the crazy things going on in the world right now, I guess my main advice would be to follow the Golden Rule and treat others as you would want to be treated. You are in a position where others will look to you for advice and mentoring, so accept this responsibility as you have been well trained and will continue to grow and learn. Physicians should serve more administrative leadership roles because of their unique background and care for others. Don’t accept medical records that do not say what you want them to say, and do not spend less time with your patients than you feel necessary – no matter what somebody else says. Take care of yourself and keep in balance.”**

**Andrew (Andy) Matera, MD**

RESIDENCY CLASS OF **1990**

**DR. MATERA:** “After residency I joined a cadre of physicians from this program to supply consistent ER coverage at St. Mary’s Hospital in Jefferson City. I told Dr. Bill England that he could count on me for a year or two, but that turned out to be 13 years. I have been privileged to be able to consult for several agencies, including vocational rehabilitation and disability determinations. As chief medical officer for four years, it was quite interesting to see healthcare issues from a different perspective. I am currently reviewing complex medical cases for the state and reporting the medical aspects of the case for board review.

I continue to live with Kathy on the farm and will be turning the clinical baton over to two of my three children. In closing, I say, ‘May the Force be With You,’ as I nod to my son who doesn’t look a thing like Yoda.”



ANDY MATERA  
AND HIS WIFE KATHY

**“Find ways to do the work you love most, and persist in your dreams. Relationships are the reward in family medicine, and in all of life. Make time for them.”**

**Alan Gill, MD**

RESIDENCY CLASS OF **1990**

**DR. GILL:** “I’m at 20 years as faculty at Tacoma Family Medicine, which continues to be a fun mix of personal practice and teaching wonderful residents. In the 2010 version of this update, I said my pipe dream was to create a regional center for individuals with developmental disabilities. I’m happy to say that in 2018, I stepped down from 15 years of residency leadership to open and direct a new Adult Developmental Clinic. It is small at this point, but filling a great need, and I have 10 years to make it all it needs to be! Still good to have a dream!

Debby and I have an empty nest! Andy and David are University of Washington grads, both living and working in Seattle. In the bigger surprise, Matt is living in an apartment with a roommate and 24/7 care support. We did not believe that was possible, but Matt made it clear that he wanted some independence just like his brothers. A combination of good luck and persistent advocacy made it happen! He continues to amaze us with his unique view of the world and his unfettered joy in the most unusual things. Debby went back to school for a master’s degree in marriage and family therapy. She does counseling for children, most of whom experience developmental disabilities. She is predictably phenomenal both with the kids and with their families. We still love the outdoors and do our best to keep exploring new places.”



ALAN GILL  
AND HIS WIFE DEBBY AND SON



ELIZABETH DAYTON FAMILY

### Elizabeth Dayton, MD

RESIDENCY CLASS OF 2000

**DR. DAYTON:** “Since 1990, I have lived in Utah and been a partner in a medium-sized (eight partners) family medicine group, which joined a larger multispecialty group 10 years ago. My practice has focused on women and children's care, and during the past 20 years, I have had the privilege to deliver more than 2,500 babies. To me, there is nothing more gratifying than being there to help bring a new life into the world. It is an amazing time to share with patients.

When I began my career, I told myself that if I was still working the same job in 20 years, I would quit and do something adventurous. So I quit my job last month. My plan is to take a few months off, and then start a nine-month locum tenens position in New Zealand. After that, I'll wait to see what comes my way!

I have been married to my husband, Brad, for 30 years, and we both love to travel, bike, run and camp. We have four awesome children (Cole, Audrey, Aidan and Lily), all of whom are now grown and independent.”

“Try to appreciate and connect with every patient as a human being. Look for the good in challenging patients and try to learn something from all of them. By reminding myself to do this, I found my practice and relationships with patients to be extremely rewarding.”



CHRISTY THARENOS FAMILY

### Christine (Christy) Tharenos, MD, MSPH

RESIDENCY CLASS OF 2000

**DR. THARENOS:** “I am practicing sports medicine in an amazing practice at Heartland Health Services, an FQHC in Peoria, IL. (Always hiring!)

Married to Ben Gerber, MD, and mom to Michael Gerber (6) and large rescue dog, Mowgli. We are expecting our second child in July. We are enjoying connecting to our land through fruit trees, gardens, treehouses and Michael's metal detecting adventures.”

“Ask for what you want upfront in negotiating a job. They can always say no, but you won't know until you ask.

In light of the timely and appropriate emphasis on physician burnout in our profession, I must encourage physicians in all stages of their career to consider renewing or developing pursuits in the arts to facilitate renewal, restoration and healing.”

“ • Trust your gut instincts and be true to your guiding principles. Self-care is imperative; asking for help when needed is a sign of wisdom, not weakness.

• Let your co-workers know how much you appreciate them. Emulate the best in others and forgive their weaknesses; we all have faults.

• Keep family in the foreground in words and actions, they are our bedrock.

• Save for the future and think before buying; having a nest-egg brings peace of mind and allows you to take advantage of opportunities in the future.

• Respect the field of medicine and all those who put their trust in us. Remember that it's not possible to please everyone, and trying to do so is a recipe for disappointment/disaster.

• After listening to Simon Sinek's talk on Infinite Games, it struck me that medicine is also an infinite game. One can choose to play, change the rules, or play another game. There are always choices; we just have to be willing to accept the consequences.

• Don't fall victim to one of the classic blunders, 'Never get involved in a land war in Asia' (nods to Princess Bride).

• Enjoy life and help others along the way!”

### Sarah McElroy, MD

RESIDENCY CLASS OF 2000

**DR. McELROY:** “I retired from the VA in 2018 to start a family business. We bought and rehabbed a building in downtown Central Point, the small southern Oregon town where we live. In 2019 we opened 'Crater Café,' named to honor the nearby Crater Lake. Our specialty is Crater frozen custard, but we also serve gourmet coffee drinks, real smoothies and healthier cafe food. Two of our three children, Sarah Beth and Tim in the photo, are running the business. Our middle daughter, Laverdy, is finishing college in Santa Cruz, CA, and will hopefully move to Oregon next year. It is wonderful to have our family living on the same side of the Rockies!

We had opened a pub and grill in 2013 and now have three restaurants that have weathered the pandemic changes so far ... thanks to staff flexibility and much community support.

I still have my medical license and am keeping up with CME. I'm not ready to quit medicine altogether ... if we had a MedZou clinic here, I'd practice there!”



SARAH McELROY FAMILY





MATT SCHUMER FAMILY

**“Learn procedural skills and hone them in practice. You’ve been very broadly trained but are likely headed into a job market that will, in effect, pigeonhole your diverse skill set. ‘Outpatient only.’ ‘No OB.’ ‘No weekends.’ There’s nothing intrinsically wrong with lifestyle choices, but once a skill set is lost to disuse atrophy, it is unlikely to be regained.”**

**Matthew (Matt) Schumer, MD**

RESIDENCY CLASS OF **2000**

**DR. SCHUMER:** “Professionally: I am in Cape Girardeau, MO, splitting my time between a traditional primary care clinic (MWF) and a wound healing and hyperbaric center (TuTh). I was in a multispecialty group practice for nine years, but costs of integrating an EMR forced us to go into the employment of the local hospital in 2009. I see far more adults than children these days, and the payor mix slowly skews more toward Medicare as my folks age. I am keeping my CV updated, but unlikely to move anywhere until all the kids finish undergrad.

Personally: I am celebrating 28 years of marriage with Kristi. While our kids Jon (23), Katie (20) and Colin (20) have flown the coop, they spend a lot of time here due to COVID-19. Add two rescue mutts, and home life is good.”

**“• COVID-19 is an opportunity to decide what really matters in life and let go of the rest.**

**• Career moves are hard but can be rewarding.**

**• Be active in a state or national professional society and get to know the staff members. Don’t be shy and volunteer.**

**• Read more great literature.**

**• Walk the Camino de Santiago once in your lifetime.”**

**Paul Tatum, MD, MSPH**

RESIDENCY CLASS OF **2000**

**DR. TATUM:** “After 10 wonderful years on faculty with Family Medicine at Mizzou, I moved to Austin, Texas. I joined the new Dell Medical School at the University of Texas where my work partner/boss/friend is Elizabeth Kvale (MU Fam Med Residency 1998). I am starting up a palliative medicine fellowship (again!). At the moment, I am primarily seeing COVID-19 patients in palliative care consultation in the ICU, and mastering the art of four different ways to do virtual family meetings. I serve on the American Academy of Hospice and Palliative Medicine Board, and I also do committee work with the American Geriatrics Society and the Texas Academy of Family Physicians.

Helene and I enjoy being walked by our dog, Charlie, regularly. Adriana will begin her senior year at Occidental University in LA. Will graduated from high school and will matriculate at St. Edward’s University in Austin.”



PAUL TATUM FAMILY

**“I find that useful advice is mostly very personal and should be individually tailored, as life in this world is so extremely complex. Nevertheless, the most important things in life are mostly simple and straightforward, so perhaps it is worth being reminded of that as well. Otherwise, I’m not sure that I have much general advice to wax eloquently about at this point.”**

**Scott Shannon, MD, MSPH**

RESIDENCY CLASS OF **2000**

**DR. SHANNON:** “Just a few weeks ago, I left Kinshasa, DRC (where I’ve worked the last six years) for Hamilton, Ontario. That has been my family’s summer routine since moving to DRC, but this time I’ve committed to taking a sabbatical-like year off from Congo. Our family will stay together here in Canada (my wife is from Canada). All of us are tired and need a bit of restful time.

Kinshasa has a fairly stressful baseline for routine day-to-day life, but with the COVID-19 pandemic, that only ramped up. I also made the unfortunate mistake of agreeing to take on an extra £4.5 million COVID response program for Kinshasa during the last months we were there, which added to my already full plate of primary care delivery and health systems program management. During this year while I’m away, I will continue to support the DRC working part-time, and perhaps get back to teaching medical students at McMaster University, depending on how things go.”



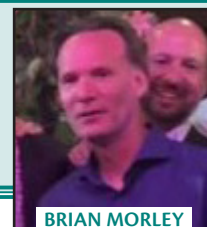
SCOTT SHANNON FAMILY

**“Exercise as much as possible.”**

**Brian Morley, DO, JD**

RESIDENCY CLASS OF **2000**

**DR. MORLEY:** “I am medical director for an insurance company in Philadelphia, Pennsylvania.”



BRIAN MORLEY



MARK DODDS FAMILY

**“Congratulations Family Medicine Graduates, Class of 2020! Residency is not easy, but you should feel confident that you graduated from a great program that will equip you well to practice family medicine anywhere in North America.**

**Advice that has helped me in my career:**

- Try your best to separate work from home life. Complete all your

work at the office so when you are at home you can focus 100 percent of your attention on your family.

- Form good physician–patient relationships early on.
- Treat patients like they're the most important people in your life for the 10-15 minutes you are with them.
- Find time to pursue interests and hobbies you enjoy outside of medicine.
- Take vacations ... and do not take work with you on vacation.”

**Mark Dodds, MD**

RESIDENCY CLASS OF **2010**

**DR. DODDS:** “It is hard to believe it’s been 10 years! After residency at MIZZOU, my wife (Lindsay) and I moved back to Ontario, Canada. We have three children: Davis (6), Marshall (4) and Emery (1).

We are living back near our hometown of Belleville, Ontario. Our boys are going to the same elementary school that I went to when I was their age. We are surrounded by lots of family and good friends.

I’m practicing family medicine full time at the Lakeview Family Health Team. We have 14 family physicians, as well as many other allied healthcare professionals, who offer a team approach in providing comprehensive health care to our large patient population.”

**“Stay open to what life brings your way. Say ‘yes’ to opportunities and remember how quickly these three years went by - you always have time to try something new!**

**I have had the privilege to continue to work alongside our excellent residents for the past decade, and this class of graduates, like the others before, will always have a place in my heart ... and my cell number! Text me if you have any questions, lol!”**

**Laura Morris, MD, MSPH**

RESIDENCY CLASS OF **2010**

**DR. MORRIS:** “I was never able to fully escape after residency! I am seeing patients at Callaway Physicians, and transitioned into the role of medical director for family medicine obstetrics about three years ago. Delivering babies and prenatal care are still among my favorite parts of my practice. I recently took on new roles as the medical director of the rural track in the School of Medicine, and as an associate residency director. Both of these positions involve work to expand rural training for students and residents in Missouri, through development and implementation of a Longitudinal Integrated Clerkship and Rural Training Track Residency affiliated with MU. I’m excited for the opportunity to be PI and co-investigator on two major HRSA grants! I’m learning a lot through the mentorship and leadership of Dr. Erika Ringdahl and Dr. Kathleen Quinn.

My three kids are growing like weeds! Ethan (13) just passed me up; Lila (11) and Luke (6) aren’t far behind. We spend our free time keeping up with the kids at the field, gym or pool. It’s hard to believe that Ethan was an infant I wore in a carrier to start our orientation, and Lila was born during our R2 year.”



LAURA MORRIS  
AND HER CHILDREN

**“Congratulations for completing your residency and good luck in the future, whether you are entering private/academic practice or proceeding with fellowship training. You have completed your residency in a very interesting time of the COVID-19 pandemic. As graduates of MU Family Medicine, I know you are the cream of the crop and prepared to meet any challenges you may face. Please take a holistic approach when it comes to treating your patients, and do not forget to take care of yourself. Also reach out to your colleagues and faculty at Mizzou for any tips and suggestions you might need, especially if independent practice feels overwhelming.”**

**Venkata Ravikiran Reddy, MD**

RESIDENCY CLASS OF **2010**

**DR. REDDY:** “I currently work in an outpatient practice in Howard, WI, with Prevea Health, one of the largest physician-owned groups in the state. My wife works as a sonographer in a local hospital, and we are blessed with two girls, Varshini, 13, and Somasri, 9.”



VENKATA RAVIKIRAN REDDY



**“Work hard, play harder, enjoy life and your family.”**

**Shawndra Brown-Foote, MD**

RESIDENCY CLASS OF **2010**



SHAWNDR A BROWN-FOOTE FAMILY

**DR. BROWN-FOOTE:** “I serve as medical director at Concentra Medical Center, located in Fenton, Missouri. I mostly do occupational medicine and also some urgent care. My husband, Anthony, and I have a son, Brandon, 5, who will start kindergarten in the fall.”

**“Life is short and tomorrow is not promised. Find what brings you joy personally and professionally, and do as much of that as possible. Find what you dislike the most about your job, and do as little of that as possible. Aka, hire a scribe.”**

**When you help others achieve their goals and reach their dreams, it will be more satisfying than you reaching them yourself.”**

**Aaron Gray, MD**

RESIDENCY CLASS OF **2010**

**DR. GRAY:** “After moving to Columbia for residency, I never thought that we’d still be living here a decade later.

My clinical practice is full-time in the Orthopaedic Department at the University of Missouri, and it is wonderful to continue taking care of the patients of many MU Family Medicine Residency graduates across mid-Missouri. I am a faculty member of our newly restarted Primary Care Sports Medicine Fellowship (way to go Tiffany Bohon and Luke Stephens!) and continue to enjoy working with residents on their sports medicine rotation.

Jenny and I have two wonderful girls – Scarlett, age 6, and Sloane, age 3.”



AARON GRAY FAMILY

**“Keep family first! Don’t let your job as a physician take priority over your job as a parent or spouse. You will never regret cutting back on work to spend time with your family. Working part-time is the best decision I have made as a mom and a physician!”**

**Dana Galbraith, MD**

RESIDENCY CLASS OF **2010**

**DR. GALBRAITH:** “I work for Esse Health, a physician-owned multispecialty group in St Louis. I practice with my husband, Jack, doing outpatient only for all ages. We love the autonomy that working for a physician-led private group offers. I’m able to work part-time, which provides the perfect balance of being able to care for my patients as well as our five kids.

Jack and I have adopted five children, now ages 7-19. Prior to COVID, we spent our free time running to many activities and sports with our children. Looking on the positive side of the pandemic, we have found the ‘break’ in the sometimes chaotic life we had been living to be refreshing. Nightly dinners at home, family outings to parks, and the quality time together have been irreplaceable and very much needed!”



DANA GALBRAITH FAMILY

HEATHER GESSLING FAMILY



**“Trust the training you received at MU Family Medicine. Strive to always provide really good, patient-centered care and service. Be thorough, and always follow up ... patients need and appreciate your concern and care.”**

**Heather Hughes Gessling, MD**

RESIDENCY CLASS OF **2010**

**DR. GESSLING:** “I’ve been practicing outpatient family medicine at Moberly Rural Health Clinic, Moberly, MO, since finishing residency. I joined Missouri Medical Group (MMG), an independent, multispecialty practice located in Columbia, last fall. Today, I work half-time at both clinics.

My husband, Kendall, and I have three children: Evan, 16, Abigail, 7, and Isabelle, 4.”

**“Know who your Lord is. Yes, we all have a Lord in our life even if we think we don't. And then follow your Lord. Keep growing in faith, love and hope.”**

**Daniel (Dan) Vinson, MD, MSPH**

FELLOWSHIP CLASS OF **1990**



DAN VINSON

**DR. VINSON:** “Now, I'm fully retired. Retirement is excellent work, if you can get it. I've been partially retired since 2013 and fully retired since December 2018.

My work now is all volunteer. I work in prison ministry at the Alcoa Correctional Center in Jeff City, though for now they aren't allowing any visitors, even vetted 'Volunteers in Correction,' to enter. They wisely want to reduce the risk that someone who's infected might spark a major epidemic in a very crowded setting, overwhelming their and our healthcare systems.

And I help in Community Bible Study.

Our class here in Columbia is one of about 700 in the US, and has more than 100 adults and a dozen children from 30+ congregations around mid-Missouri. We have Baptists, Catholics, Episcopalians, Presbyterians, et al. Beautiful!”



KEVIN KANE FAMILY

**“As you begin your career, I encourage you to seek out opportunities that truly make you happy and excited to get up and go to work each day. It's also helpful to find mentors along the way who are supportive and willing to share their experiences, wisdom and advice. Find time to take care of yourself, recharge your batteries, and continue to grow and enrich your life by exploring your interests and trying new adventures.”**

**Kevin Kane, MD, MSPH**

FELLOWSHIP CLASS OF **2000**

**DR. KANE:** “When applying to residency programs 25 years ago, I said to myself, 'I could live anywhere for three years.' After six years of MU residency and fellowship training, I realized how lucky I was to work in such a wonderful department and to live in Columbia, MO. With the support of our department, school leadership and my colleagues, I have been able to pursue a fulfilling career in academic medicine. I currently serve as the associate dean for curriculum and evaluation at the MU School of Medicine. My passion and commitment are to teaching and supporting the next generation of physicians. I continue seeing patients three half-days per week at South Providence Family Medicine.

Personally, we live outside the city limits and enjoy gardening, gathering chicken eggs, and taking care of our pet dog, cats, fish and pony. We also enjoy cooking, traveling, attending music festivals/concerts, and spending time at the Lake of the Ozarks.”

**“The Mizzou Family Medicine Class of 2020 enters the workforce at a very interesting time. The corona virus pandemic has made it much more obvious just how broken our health care financing model is, how ill-prepared it was for managing a crisis, how deep the schism between primary care and public health was, and how quickly policy can change when it must. Thankfully, health professionals stepped into the breach and acted professionally; their heroism meant care happened. I hope that it means the Class of 2020 enters the workforce with more support to deliver better care.**

**My advice is don't settle. Hold out for a position that supports you with a team to deliver broad-scope care. Seek fulfillment, meaning, balance and good partners - they are the best remedy to burnout. Stay curious and teach - it will keep you humble and learning.”**

**Robert (Bob) Phillips, MD, MSPH**

FELLOWSHIP CLASS OF **2000**

**DR. PHILLIPS:** “I came to Washington, DC, straight out of fellowship and have helped lead health policy/services research centers that seek to influence policy and practice. I recently opened the Center for Professionalism and Value in Health Care which is designed to blend health services and behavioral economics research with the goal of aligning health professionals' values with how they are valued. Four years ago, we launched a national primary care clinical registry which is now the largest source of primary care clinical data available for epidemic surveillance and research. I am on my fourth federal advisory committee, co-chairing a primary care study for the National Academies, and will chair the National Academy of Medicine membership committee.

More importantly, Kathy and I celebrated our 30<sup>th</sup> anniversary May 26, and she's teaching full-time in our STEM-magnet high school. Our oldest son, Blake, is working in rural Montana before law school; second son, Ethan, is a Morehead Cain scholar at UNC Chapel Hill and finished his freshman year there, and Juliet graduated from elementary school. I'm doing my second stint as a BSA Scoutmaster - this time with a girls' troop, and I just finished my 13<sup>th</sup> season coaching school-league basketball.”

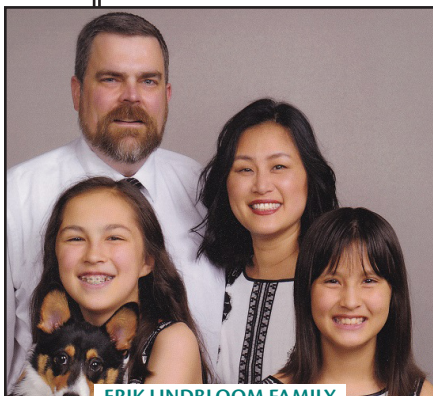


BOB PHILLIPS  
AND HIS WIFE KATHY



**“Lifelong learning skills are essential for a successful primary care career. Recent dramatic changes in our global/national situation have only amplified this. We strive to best prepare our graduates for their first practice, as well as any changes and moves that happen along the way!”**

**Erik Lindbloom, MD, MSPH**  
FELLOWSHIP CLASS OF **2000**



ERIK LINDBLOOM FAMILY

**DR. LINDBLOOM:** “I am director of the department’s Geriatric Medicine Fellowship, Academic Medicine Fellowship, and Master of Science in Academic Medicine Program, and I am an associate director of our Family Medicine Residency. I attend on our inpatient, geriatric consult, and palliative consult services, and I practice, along with our residents, at the

Family Health Center. Since 2008, I have been a founding co-director for our School of Medicine’s free clinic, the MedZou Community Health Clinic.

My wife, Lynn Wung, has also been a faculty member at our Keene Street Clinic for more than 20 years. Our two daughters, Kerra and Mia, are happy in Columbia, but they wish we had as many sea lions and pelicans here as they see with their grandparents in San Diego.”

**“In addition to loving what you do, make sure you find a place to work with people you love. It makes all the difference.”**

**Robin Kruse, PhD, MSPH**  
FELLOWSHIP CLASS OF **2000**

**DR. KRUSE:** “I am mostly retired! My husband retired about six years ago, and I finally gave in to the temptation. I retired from full-time work last July, and now work two days a week on several research teams.

I am enjoying the extra free time to exercise, work on projects around the house, sew and travel. We welcomed our second grandson into the world last August and hope to spend some time burning up I-70 to visit him (and his family) when social distancing is no longer necessary. Our goal is to travel west this summer and explore places where we’ve never been before.”



ROBIN KRUSE

### MU FAMILY MEDICINE GRADUATES: Alums not included in our 2020 ASK FOR ADVICE (pgs 6-15)

Philip Kennedy, MD ..... 1980 RESIDENT  
Joseph DePra, MD ..... 1990 RESIDENT  
John Draper, MD ..... 1990 RESIDENT  
C. Ellis Froeschle, MD ..... 1990 RESIDENT  
Steven Kaster, MD ..... 1990 RESIDENT  
Ralph Schmitz, MD ..... 1990 RESIDENT  
Scott Brundle, MD ..... 2000 RESIDENT  
Tamara Hopkins, MD ..... 2000 RESIDENT  
Clint Koenig, MD, MSPH ..... 2000 RESIDENT

Damon Thomas, MD ..... 2000 RESIDENT  
Phu Tran, MD ..... 2000 RESIDENT  
Abdulraouf Ghandour, MD ..... 2010 RESIDENT  
Jana Hill, DO ..... 2010 RESIDENT  
Sandesh Pandit, MD ..... 2010 RESIDENT  
John Bertolino MD, MSPH ..... 1990 FELLOW  
Jorge Rangel, MD, MSPH ..... 1990 FELLOW  
Madhavi Bollu, MD ..... 2010 FELLOW  
Deepti Thapar, MD ..... 2010 FELLOW

### MU FAMILY MEDICINE ALUMNI NEWS/UPDATES/KUDOS

**Steven Zweig, MD, MSPH** (RES '82; FEL '84), was named University of Missouri School of Medicine Dean in April.

**Michael LeFevre, MD, MSPH** (RES '82; FEL '84), was named MU Family and Community Medicine Department Chair in May.

**Elizabeth Keegan-Garrett, MD, MPH** (RES 2008), was named program director of the St. Louis University Family Medicine Residency. Dr. Keegan-Garrett will assume her duties and leadership of the SLU residency program this summer.

**Kendal Geno, MD** (RES 2016), is moving to the Mosaic Life Care Clinic, Cameron, MO, this summer. Dr. Geno is joining the MU AHEC team of preceptors and will play an integral role in teaching rural students in the Northwest region of Missouri.

## CELEBRATING MU FAMILY MEDICINE RETIREE



**JEFF BELDEN, MD**, professor emeritus, retired in January, after serving nearly 40 years as an MU Family Medicine faculty member. Dr. Belden earned his medical degree from Southern Illinois University-Springfield in 1976, then trained at MU Family Medicine Residency. After completing residency, he and his wife, Sandy, a nurse whom he met and married during medical school, moved to Jacksonville, IL, where Dr. Belden practiced three years.

In 1982, he returned to Missouri to join Columbia Family Medical Group (CFMG), a practice established by MU Family Medicine alums Dennis Keithly, MD ('75) and William Birkby, MD ('76). Dr. Belden began his role as a part-time attending for MU Family Medicine Residents that same year.

After 25 years in private practice, Dr. Belden accepted MU's invitation to become a full-time faculty member in 2008. As an associate professor of clinical family and community medicine, Dr. Belden's time was split between taking care of patients and developing and advancing the electronic health record (EHR).

Dr. Belden had a life-long interest in the electronic medical record and improving its usability. The opportunity to pursue his interests as a self proclaimed 'techie' was a major factor in Dr. Belden's decision to join our department.

Throughout his career at MU, one of Dr. Belden's goals was to bring physicians joy in their electronic health record (EHR) life by creating delightful user experiences. He achieved this goal by developing innovative user training, collaborating with software development teams, and changing the way information is displayed to physicians in the EHR.

In 2017, Dr. Belden retired from patient care but continued to work on usability of the EHR until fully retiring on January 1.

"Sandy (now retired) and I are enjoying more time together, balancing togetherness with solitude. We have family and friends struggling with their health, so we find ourselves supporting them lately. We're finding ways to work on racial justice in our community," he explains. "We also are excited to spend more time with our three sons. Stuart, 40, lives and works in Hong Kong. Scott, 34, lives here in Columbia, and Mark, 31, is in New York City.

## CELEBRATING MU FAMILY MEDICINE RESEARCHERS



Debra Oliver, PhD

**CAREGIVER WELL-BEING:** More than five million Americans live with Alzheimer's disease and require daily care. The Centers for Disease Control and Prevention predicts that number will double by 2060.

MU Family Medicine Researchers **DEBRA OLIVER, PhD**, and **ABIGAIL ROLBIECKI, PhD**, have been awarded a \$3.5 million grant to study interventions for family caregivers of people with Alzheimer's disease and other dementias.

"Caregivers are the silent, ignored victims of the disease," says Dr. Oliver. "They suffer tremendously as the person dies before their eyes, only they (caregivers) are still alive."



Abigail Rolbiecki, PhD

This four-year NIH National Institute on Aging grant will fund research into Caregiver Speaks, a unique photo-based program designed to help caregivers of people living with dementia and Alzheimer's disease.

Created by Dr. Rolbiecki and Dr. Oliver, the Caregiver Speaks intervention invites caregivers into a private Facebook group and encourages them to take photographs and share them to spark self-reflection and group discussion. This technique is called photo elicitation. Caregiver Speaks is a tool to reduce the common feelings of depression, anxiety and intense grief experienced by caregivers. This longitudinal study is the first to examine family caregivers of those living with dementia.

Unlike diseases with relatively short life expectancies, Alzheimer's disease often requires several years of daily caregiving while a person's cognitive function deteriorates. If research shows Caregiver Speaks helps caregivers of those with dementia, it could be used for caregivers of other diseases, Dr. Rolbiecki says.



### NORTH AMERICAN PRIMARY CARE RESEARCH GROUP 2019 MU FAMILY MEDICINE AWARDEES

**DAVID MEHR, MD, MS**

Professor Emeritus

DISTINGUISHED MENTOR AWARD



**RICHELLE KOOPMAN, MD, MS**

Professor & Vice Chair for Research and Faculty Affairs  
PRESIDENT'S AWARD

**SMOKING AND VAPING IN MISSOURI:** Missouri has some of the highest rates of cancer, cardiovascular disease, and respiratory problems related to our high tobacco use.

MU Family Medicine Researcher **KEVIN EVERETT, PhD**,

is coordinating a project that will allow our state to systematically address this issue. Funded by a \$461,843 grant from the Missouri Foundation for Health, this three-year study is designed to help Missouri's colleges and health systems work together to reduce problems caused by tobacco use and vaping.

Dr. Everett's team will collaborate with experts from MD Anderson Cancer Center, as well as from other state and national organizations, to better understand and address tobacco-related issues. Participating institutions, which include the University of Missouri and MU Health Care, will meet at annual summits to learn how to carry out action plans that involve effective communication, compliance and education interventions.

"Health care systems and colleges are embedded in communities and play a vital role in promoting the well being of those who live, learn and work there," Dr. Everett explains. "Our plan will impact a lot of people and create healthier environments for all Missourians."



Kevin Everett, PhD

**CARDIOVASCULAR DISEASE IN AMERICAN INDIANS:** American Indians suffer from the highest rate of cardiovascular disease in the nation; efforts to prevent this disease in American Indians are few and less effective than efforts used for the general population.

MU Family Medicine Researcher **MELISSA LEWIS, PhD**,

received a five-year \$665,944 (K01) award from the NIH National Heart, Lung, and Blood Institute to fund a Cherokee Nation-based participatory project designed to reduce CVD risk.

The goal of this study is to create an intervention to prevent cardiovascular disease based on more than 30 years of successful interventions that facilitate Cherokee-specific cultural learning. Results from this project will lead to new methods to reduce the morbidity and mortality of cardiovascular disease using an indigenous and community-informed perspective.

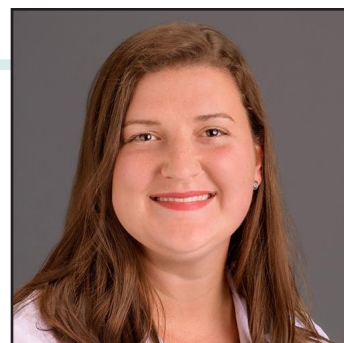


Melissa Lewis, PhD



# MU FAMILY MEDICINE RESIDENT gains understanding, knowledge and skills from GLOBAL HEALTH EXPERIENCES

**BREA LOMBARDO** traveled to Guatemala with a group of MU School of Medicine students and faculty to participate in a global health training experience last spring. She talks about her trip and shares her perspective on the values of global health training:



**Cynthia 'Brea' Lombardo, MD**  
second year family medicine resident



**who:** “I traveled to Chichicastenango, Guatemala, in March 2020 with a group of MU medical students, Family Medicine attending Dr. Wells, and Mizzou SOM alumnus Dr. Villeda. We worked with a local organization known as ASELSI. ASELSI has a well-established presence in Chichicastenango (known as Chichi), and two Guatemalan-born and Guatemalan-trained doctors, Gaby and Orlando, on staff.

As part of the visiting medical team, we were able to help Dr. Gaby and Dr. Orlando by seeing patients at the ASELSI clinic, as well as at outreach clinics in nearby communities.”

**experiences:** “The patients we cared for were from rural areas, and most of them had very low health literacy and little access to care. Many were suffering from chronic medical conditions. Thankfully, because we were working with an established clinic, we were able to start patients on medications for their chronic illnesses, knowing that they could follow up with either Dr. Gaby or Dr. Orlando for care as needed.

We also cared for many acute conditions such as bug bites, rashes, infections and allergies. We brought a large supply of medications with us to stock the ASELSI pharmacy.



have conversations with and learn from our hosts and enjoyed local food and fellowship with new friends. At the end of the week, we had time for a day in a nearby lake town, Panajachel, to shop and be tourists.”

We spent one morning early in the week providing education and doing a Q&A about hypertension and diabetes with ASELSI and the health department staff.

A number of the locals speak a Mayan dialect known as Quiché, so at times we needed multiple translators in order to communicate with the patients and staff.

Regardless, we were able to

**why:** “Medical missions or volunteer trips are quite popular among medical students and residents, and it’s not hard to understand why. They’re fun and offer so many opportunities to learn!

It’s important for global health teams to provide care that is ethical and sustainable, and also to work with an established clinic. Still, there are so many benefits to everyone who participates.

Personally, global health training helps me think about the effects of poverty, health literacy, and access to care in a new way. It helps me learn how cultural beliefs shape health practices in a community. And, I think, it makes me a more well-rounded physician. My hope is to not only learn and see patients, but to also make a difference that lasts.”

**rewards:** “One of my favorite things about this type of trip is the opportunity to see a need, and come up with a plan to meet the need.

For example, for my next trip, whenever that may be, I’m hoping to work with Gaby to provide fluoride supplements for local children in the form of varnishes we can apply



either in clinics or in the schools. We’re both really excited about this idea — and honestly, it will be pretty simple to carry out. It’s just another of many reasons I find

global health so rewarding.

Global health experiences offer a chance to serve others in a new setting, learn about a different culture, collaborate, and make a difference in a sustainable way. I’m thankful to be able to have this experience as a resident!”



**MU School of Medicine Health Care Team:**  
2020 GUATEMALA MISSION TRIP

## guatemala

Every year, one or more MU Family Medicine Residents take a medical mission trip that is funded in part by our  
**GLOBAL HEALTH TRAINING FOR FAMILY MEDICINE RESIDENTS FUND.**

Donations to this fund sustain our commitment to providing global health training opportunities to residents.

For more information or to make an online donation, please visit: [fcm.missouri.edu/giving](https://fcm.missouri.edu/giving)

Caring for poor and vulnerable populations is challenging, says Dr. Crenshaw. But it is also rewarding, and that's one reason why as a resident, he chose to train in North Minneapolis, at a site located in the urban inner city.

"In some ways," he explains, "the health problems in inner cities aren't all that different from problems on Native American reservations. Their cultures are uniquely different and beautiful in their own right, but both populations deal with poverty and disadvantages rooted in historical trauma and systemic inequities. Both populations develop diseases and chronic conditions due to social determinants that affect their health throughout their lives. Violence and traumatic home lives, teenage pregnancy, addiction, depression, anxiety, obesity ... same problems, just different backdrops."

In 2008, when he finished residency, Dr. Crenshaw and his wife, Katie Marienfeld, moved to Keshena, WI, to start their careers at the Menominee Tribal Clinic. Their shared interest in Native American history, spiritual traditions and cul-

ture was a factor in their decision to join the Menominee Clinic.

"My wife, Dr. Katie Marienfeld, is a Med-Peds physician, and she also completed her residency in 2008. In searching for our first post-residency jobs, we found the Menominee Clinic. We checked it out and were impressed by the group, its leadership and the Keshena community, so when they offered both of us jobs, we accepted. I practiced full spectrum family medicine - outpatient, inpatient and OB - while serving the Menominee Tribe."

After six years in Keshena, Dr. Crenshaw decided to start a new chapter in his story, and from this day forward, so much of what he does is driven by his love of family.

Family life is a priority for both Ben and Katie. Their two daughters were born in Wisconsin, and by 2014, they agreed it was time to move to a place they could put down roots for the long term. In considering new home options, Columbia, MO, topped their list.

"Katie was born and raised here, and her family still lives in Columbia. Mizzou drew us to the area,

too," he says. "In thinking about my future and new ways I could contribute as a physician, I considered dabbling in academic medicine. MU Family Medicine offered me a job that included opportunities to teach and mentor residents, in addition to my patient care responsibilities."

When he joined MU, he practiced in Fulton, at a rural site located 45 minutes from his home. The daily drives to and from clinic were long and limited his time and interactions with family. He loved the staff and his patients in Fulton, but after six months, he decided to change clinics. Today he practices in Columbia, at a clinic close to his home. For Dr. Crenshaw, family will always be more important than his career.

In addition to his daily outpatient clinic responsibilities, Dr. Crenshaw does obstetrics, outpatient attending, inpatient pediatrics and care for nursing home patients. He attends for residents and teaches medical students, and he provides addiction and psychiatric management and care at the Phoenix House, a local facility for people struggling with addiction-related issues.

BEN CRENSHAW, MD: CONTINUED ON PAGE 19

### **Jimmie Hösch, age 67 ... Dr. Crenshaw's patient at South Providence Family Medicine Clinic:**

"Dr. Crenshaw is thorough; he listens and is open-minded about how to manage my health. I have a few conditions that require me to see other specialists, and Dr. Crenshaw works well with all of them. He's the best - I'll never go to another doctor."

### **Katrina Boren, LPN ... Dr. Crenshaw's nurse at South Providence Family Medicine Clinic:**

"Dr. Crenshaw is calm, patient and understanding. He has a reputation for running late during clinic but none of his patients complain ... they know when he is with them, Dr. Crenshaw listens; he cares, and he answers all of their questions."

### **James Stevermer, MD, MSPH ... FCM Professor & Vice Chair; Medical Director, Callaway Physicians:**

"I appreciated working with Ben when he was with us in our Fulton clinic. He is a quiet, thoughtful physician, and he's consistently demonstrated his commitment to helping underserved populations. Ben keeps his personal focus tight - on his patients and his family - and that has worked well for all involved. He is whip-smart, which makes his interest in ultra-running all the harder to understand. I can't imagine anyone rationally considering a 50-mile run as 'fun,' but Ben seems to enjoy the effort!"

### **Katie Marienfeld, MD ... Ben's wife; Med/Peds Physician:**

"Ben is very dedicated (and sometimes stubborn). When he puts his mind to something, he usually follows through with it. Ben honors the 'whole person' when he is with a patient. He focuses on their physical health as well as their mental/emotional health. He respects his patient's autonomy and considers himself a partner on their individual health journeys."

### **Sofia Marienfeld-Crenshaw ... Ben's daughter, age 10:**

"My dad is always willing to try something new. I like to run and my dad runs with me. My dad has a good sense of humor."

### **Maia Marienfeld-Crenshaw ... Ben's daughter, age 7:**

"My dad is nice and he's kind. I love him and he loves me. I like playing games and reading Harry Potter books with my dad."



Birth to death ... Dr. Crenshaw enjoys the opportunities he has to help individuals and families throughout the life cycle. When he speaks about his patients who have addiction problems and chronic illness, and those going through all of life's major changes, he reveals the deep compassion and commitment he feels for them. Even though these types of health issues are challenging and require ongoing and focused care, Dr. Crenshaw considers them to be his most rewarding work as a primary care physician.

"My goal is to help people reclaim some degree of control over their lives. I don't think the process or the rewards are that different, whether a person struggles with alcohol, opioids, obesity or hypertension. To be 'well,' they must come to terms with the reality they are facing: what happened in the past, where they are now, and how best to move forward.

"As their physician, it is my role to help facilitate this process," he says. "Encounters that stick with me the most are with folks who come to me saying they are lost or don't feel like their voice is being heard. They don't know what to do, so I tell them, 'I hear you. I honor your story. Thanks you for letting me be a part of that story.'"

In every conversation he has with his patients, Dr. Crenshaw learns a little bit about who they are.

"When I listen, I must be attentive, sometimes to what they are not saying as much as what they are saying. I try to picture a thicker, more meaningful story," he says. "Sometimes I delve a little deep; I am affected, and I am glad that I am able to be so affected, as patients share moments that are intense and pregnant with meaning, joy, fear, confusion, hurt and sadness. I'll admit that the weight of their stories can be a bit wearying, but for patients to trust me, they must believe that I am listening and that I genuinely care. And I do."



Ben Crenshaw, his wife, Katie Marienfeld, and their daughters, Sofia and Maia

Dr. Crenshaw knows that good patient care takes time.

"If I rush through an encounter and keep things at surface level, I'm unable to give patients the care they need and deserve," he says.

"It seems like I spend a lot of energy fighting the health care system for patients who are lost or have been damaged by an incorrect or overly simplistic diagnosis. I'm not on board with a reductionist system that narrowly defines a person, breaking people down into a list of conditions, organs and diseases. I look at my patients' health and lives through a wide angle lens. For me, patient care and relationships are built on knowing the whole person."

Opportunities to know and help his patients are what motivates Dr. Crenshaw to start every morning with energy and a positive attitude.

"I like to pace myself when I'm at work. If I spread things out, I can be more productive and effective and thus happier," he says. "That said, by the end of day, I'm generally tired and eager to get home. Evenings with my family are nourishing and a source of peace and joy for me."

Evenings are all about family for Ben Crenshaw. Ben and Katie met in Bolivia, on a global health mission trip they took during medical school. They then got married after they graduated in 2004.

"Katie works part-time, giving her a bit more time and flexibility to be really involved with our church, our children and PTA at their school," he says. "Some might call us odd ducks, but we are similar odd ducks. We get the struggles that each of us has. We know, without words, why we are tired at the end of the day and understand what difficult encounters and challenges with the health system can do to us. My patients are also a part of my family; taking care of them doesn't tire me, but the system does."

Ben and Katie have two daughters, Sofia (10) and Maia (7). Watching them grow into strong-minded, independent women makes Ben proud and very happy. They love to read ... he loves that.

**"I value family, and I value the stories and personal narratives of my patients. These inform who I am and how I practice, and they make me a little different in my approach to patient care. I believe in shared humanity and try to convey it when I talk to others. I am authentic with my patients and give my opinion, even if it goes against what others in the health system might say. That is who I am."**

**– BEN CRENSHAW, MD**



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**Richelle Koopman, MD, MS**

**Vice Chair, Clinical Affairs:**

**James Stevermer, MD, MSPH**

**Director, Department/Clinic Operations:**

**Joy Alexander, DBA, MSW**

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newsletter should be directed to:**

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[boeckmannk@missouri.edu](mailto:boeckmannk@missouri.edu)

To make an online donation to  
MU Family and Community Medicine:  
[fcm.missouri.edu/giving](http://fcm.missouri.edu/giving)



### UNIVERSITY OF MISSOURI HOSTS WORKSHOP FOR FAMILY MEDICINE CHAIRS

FAMILY MEDICINE DEPARTMENT CHAIRS from across the country met at the University of Missouri in Columbia, MO, for the annual New Chairs Workshop (NCW), co-sponsored by MU Family and Community Medicine and the Association of Departments of Family Medicine (ADFM). The primary goal of this three-day workshop is to prepare newly appointed chairs for the challenges, expectations and responsibilities of their role. Included in this photo are participants in the 2019 NCW, held October 13-16th.

**SITTING (LEFT TO RIGHT):**

GRANT FOWLER, MD, *Texas Christian University/University of North Texas, Fort Worth*; STEVEN ROTHCHILD, MD, *Rush University, Chicago, IL*; M. DIANE MCKEE, MD, MS, *University of Massachusetts, Worcester*; ARDIS DAVIS, MSW, *Association of Departments of Family Medicine*; and DEBRA STULBERG, MD, *University of Chicago*.

**STANDING (LEFT TO RIGHT):**

JACK COLWILL, MD, *University of Missouri*; JAMES HAYNES, MD, *University of Tennessee, Chattanooga*; JEHNI ROBINSON, MD, *University of Southern California, Los Angeles*; STEVE ZWEIG, MD, MSPH, *University of Missouri*; COLLEEN FOGARTY, MD, MSC, *University of Rochester, NY*; STACY BRUNGARDT, MA, CAE, *Society of Teachers of Family Medicine*; HEATHER SCHICKEDANZ, MD, *Harbor-UCLA, Harbor City, CA*; JEANNETTE SOUTH-PAUL, MD, *University of Pittsburgh, PA*; MIKE LEFEVRE, MD, MSPH, *University of Missouri*; and MIKE HOSOKAWA, EdD, *University of Missouri*.