MIZZOU PM&R LEADERSHIP

Gregory Worsowicz, MD
Chair of Department PM&R
Chair: Tri-O rganizational Committee - AAPM&R, ABPM&R and AAP
Past President: AAPM&R

Claire Finkel, MD
Associate Residency Program Director
Past Member: AAPM&R PHiT Executive Committee
Past Member: AAPM&R PHiT Representative, AAPM&R Medical Education Committee

Joseph Burris, MD
Residency Program Director
Chair: Graduate Medical Education Committee, AAPM&R
Member: Medical Education Committee, AAPM&R
DEPARTMENT OF PHYSICAL MEDICINE AND REHABILITATION
UNIVERSITY OF MISSOURI
2020-2021

William Christenson, MD
Director of Patient Safety

Matthew Elwesman, MD
Director of Research

Carlye Reichert, DO
Chief Resident

Kevin Thomas, MD
Director of Quality Improvement

Taylor Colon, DO

Clifford Kissling, MD

Kevin Movian, DO

Nathan Soencer, DO

Hannah Ferrier, DO

Benjamin Gill, DO

Stephen Luebbert, MD

Jess Roland, DO
ATTENDING TO RESIDENT RATIO

- 16:12
- Frequent 1:1 teaching and didactic sessions
TRAINING SITES

University Hospital*
Rusk Rehabilitation Hospital
Women's and Children’s Hospital
Missouri Orthopaedic Institute*
Harry S. Truman Veteran Affairs Hospital*

*on MU campus
### SAMPLE ROTATION SCHEDULE

<table>
<thead>
<tr>
<th>Rotation</th>
<th>PGY2</th>
<th>PGY3</th>
<th>PGY4</th>
</tr>
</thead>
<tbody>
<tr>
<td>Inpatient</td>
<td>8 months</td>
<td>2 months</td>
<td>2 months</td>
</tr>
<tr>
<td>Outpatient</td>
<td>4 months</td>
<td>3 months</td>
<td>3 months</td>
</tr>
<tr>
<td>Pediatrics</td>
<td>-</td>
<td>2 months</td>
<td>-</td>
</tr>
<tr>
<td>EMG</td>
<td>-</td>
<td>3 months</td>
<td>3 months</td>
</tr>
<tr>
<td>Elective</td>
<td>-</td>
<td>-</td>
<td>3 months</td>
</tr>
<tr>
<td>Consults</td>
<td>-</td>
<td>2 months</td>
<td>1 month</td>
</tr>
</tbody>
</table>
INPATIENT ROTATIONS BY TEAM

- Stroke
- Amputee – Pre-prosthetic and Prosthetic Gait Training
- Brain Injury / Ortho
- Spinal Cord Injury / Multiple Sclerosis
- Pediatrics
OUTPATIENT ROTATIONS

• Rusk 1 (Stroke / Amputee / SCI / Bl)
• Rusk 2 (Interventional Pain / Spine)
• Rusk 3 (MSK / Sports Medicine)
• UMC EMG
• VA 1 (General / Brace / Pain)
• VA 2 (Interventional Pain / Amputee / Ortho)
• VA EMG
• Pediatrics
ELECTIVES

• Residents have 3 electives that may be done outside the university system

• These can be used for fellowship audition rotations, research, or in an area of interest
PROCEDURES - PERCENTILE RANK

- MU vs all PM&R Programs Procedures Performed
RESIDENT CALL

- Home call
- Monday through Thursday - OR - Friday through Sunday
  - PGY2 – 7 weeks
  - PGY3 – 5 weeks
  - PGY4 – 1 week
- Rounding on the weekend is done by the on-call team
- If you are not on call, you have the weekend off!
### Resident Salaries (2020-2021)

<table>
<thead>
<tr>
<th>Level</th>
<th>Salary</th>
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<tbody>
<tr>
<td>PGY2</td>
<td>$58,961</td>
</tr>
<tr>
<td>PGY3</td>
<td>$60,981</td>
</tr>
<tr>
<td>PGY4</td>
<td>$63,772</td>
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</tbody>
</table>
BENEFITS

• 4 weeks paid vacation
• 2 weeks paid sick leave
• Healthcare benefits - medical, dental, vision
• Meals while on inpatient at Rusk, in the physician’s lounge at UH and at Women’s and Children’s
• Expense coverage for conferences for poster presentations
• AAPM&R and AAP memberships covered
• Scholarship fund for other society memberships
• Textbook stipend
• Research Committee
• Multiple posters, publications, and presentations
• Research Director to help with projects
• Department funded researchers
• Not a formal requirement for graduation
### NATIONAL MEETINGS - RESIDENT RESEARCH PRESENTATIONS

<table>
<thead>
<tr>
<th>Year</th>
<th># Presentations</th>
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</thead>
<tbody>
<tr>
<td>2020-2021</td>
<td>6 (so far…)</td>
</tr>
<tr>
<td>2019-2020</td>
<td>4</td>
</tr>
<tr>
<td>2018-2019</td>
<td>8</td>
</tr>
<tr>
<td>2017-2018</td>
<td>12</td>
</tr>
<tr>
<td>2016-2017</td>
<td>15</td>
</tr>
<tr>
<td>2015-2016</td>
<td>9</td>
</tr>
<tr>
<td>2014-2015</td>
<td>8</td>
</tr>
<tr>
<td>2013-2014</td>
<td>10</td>
</tr>
</tbody>
</table>
DIDACTICS

• 12 month comprehensive curriculum
• 3 hours weekly of protected time for learning
• Tuesday Faculty Dialogue and Resident Dialogue (0730-0900 am)
• Friday Chairman Rounds (0800-0900 am)
  – Recent guest lecturers
    • Jonathan Finnoff, DO
    • Prakash Jayabalan, MD PhD
    • Heikki Uustal, MD
    • James Atchison, DO
    • Rita Hamilton, DO
• Ultrasound curriculum
• Journal club-evening monthly
• Rotation-specific reading assignments and didactic time 1:1 with attending
• Mock oral boards quarterly
• Yearly P&O conference, ultrasound course
RECENT AND CURRENT LEADERSHIP ROLES

• AAPM&R PHiT Executive Committee
  – Rachael Brashears, DO
  – Claire Finkel, MD

• AAPM&R RPC Resident Ambassador
  – Taylor Colon, DO
  – Matt Elverman, MD
  – Ben Washburn, MD

• University of Missouri
  – Resident Council on Quality and Patient Safety
    • William Christensen, MD
    • Kevin Thomas, MD

• University of Missouri
  – HSO Executive Committee
    • Emily McGhee, MD
## PAST FELLOWSHIP MATCHES

<table>
<thead>
<tr>
<th>Year</th>
<th>Name</th>
<th>Program</th>
<th>Institution</th>
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</thead>
<tbody>
<tr>
<td>2021</td>
<td>Matthew Elverman, MD</td>
<td>Spine &amp; Sports Medicine Fellowship</td>
<td>NERA Spine, Sports &amp; Pain Medicine, Bethlehem, PA</td>
</tr>
<tr>
<td>2020</td>
<td>Benjamin Washburn, MD</td>
<td>Sports Medicine Fellowship</td>
<td>Northwestern University McGaw/Shirley Ryan Ability Lab, Chicago, IL</td>
</tr>
<tr>
<td>2019</td>
<td>Rachael Brashears, DO</td>
<td>Pain Medicine Fellowship</td>
<td>University of Minnesota, Minneapolis, MN</td>
</tr>
<tr>
<td>2019</td>
<td>Deanna Jewell, DO</td>
<td>Pediatric Fellowship</td>
<td>University of Kansas, Kansas City, MO</td>
</tr>
<tr>
<td>2018</td>
<td>Kristopher Marin, DO</td>
<td>Sports Medicine Fellowship</td>
<td>Wright State University, Kettering Sports Medicine Center, Kettering, OH</td>
</tr>
<tr>
<td>2017</td>
<td>Elizabeth Barton, MD</td>
<td>Pediatric Rehabilitation Fellowship</td>
<td>Nationwide Children's Hospital Columbus, OH</td>
</tr>
<tr>
<td>2017</td>
<td>Jeremy Stanek, MD</td>
<td>Sports Medicine Fellowship</td>
<td>Washington University, St. Louis, MO</td>
</tr>
<tr>
<td>2016</td>
<td>Brian Toedebusch, MD</td>
<td>PM&amp;R Sports Medicine Fellowship</td>
<td>University of California Davis SOM, Sacramento, CA</td>
</tr>
<tr>
<td>2016</td>
<td>Megan Clark, MD</td>
<td>Cancer Rehabilitation Fellowship</td>
<td>University of Kansas, Kansas City, KS</td>
</tr>
<tr>
<td>2016</td>
<td>Louis Graham, MD</td>
<td>Pain and Musculoskeletal Fellowship</td>
<td>University of Wisconsin, Madison, WI</td>
</tr>
<tr>
<td>2016</td>
<td>Nathan Kenyon, MD</td>
<td>Interventional Pain Fellowship</td>
<td>Arizona Pain Specialists, Scottsdale, AZ</td>
</tr>
<tr>
<td>2015</td>
<td>Peter Dawson, MD</td>
<td>Interventional Pain Fellowship</td>
<td>University of California Davis SOM, Sacramento, CA</td>
</tr>
<tr>
<td>2015</td>
<td>Richard Holt, DO</td>
<td>Interventional Pain Fellowship</td>
<td>Arizona Pain Specialists, Scottsdale, AZ</td>
</tr>
<tr>
<td>2013</td>
<td>Michael Khadavi, MD</td>
<td>PM&amp;R Sports Medicine Fellowship</td>
<td>Stanford School of Medicine, Stanford, CA</td>
</tr>
<tr>
<td>2013</td>
<td>Matthew McLaughlin, MD</td>
<td>Pediatric Fellowship</td>
<td>University of Missouri, Kansas City, MO</td>
</tr>
</tbody>
</table>
EXTRA EDUCATIONAL OPPORTUNITIES

- MSK Ultrasound Course
- MedZOU MSK Free Clinic
- Friday Night Lights sports coverage for local high schools
- Mizzou wheelchair basketball
- Show Me State Games
- Opportunities are customizable!
• Money magazine, Fortune magazine, U.S. News & World Report, MSN.com and others have all named Columbia one of the best places in the country to live!
  – Midway between Kansas City and St. Louis – best of both for sports!
  – Variety of restaurants and entertainment venues
  – Hosts more than a dozen annual cultural festivals
Chief Resident Carlye Reichert and her husband Nick biking on the Katy Trail!

Things to do: Outdoors!

Columbia has more than 70 parks [https://www.como.gov/parksandrec/park/](https://www.como.gov/parksandrec/park/)

82 percent of Columbia households use the trail system! [https://www.como.gov/parksandrec/trail/](https://www.como.gov/parksandrec/trail/)

Run, walk, cycle [https://localraces.com/columbia-mo](https://localraces.com/columbia-mo)
REHAB LIKE A CHAMPION TODAY
CONTACT INFORMATION

• Dr. Joseph Burris – Residency Program Director burrisj@health.Missouri.edu
• Dr. Claire Finkel – Associate Residency Program Director finkelc@health.Missouri.edu
• Brandi Morris – Residency Coordinator morrisbk@health.Missouri.edu
• Dr. Carlye Reichert – Chief Resident marszalekcj@health.Missouri.edu
• Dr. Taylor Colon – PGY 3 tacolon@health.Missouri.edu
• Dr. Stephen Luebbert – PGY 2 shlww4@health.Missouri.edu

Visit our website at https://medicine.missouri.edu/departments/physical-medicine-and-rehabilitation