MIZZOU PM&R LEADERSHIP

Claire Finkel, MD
Residency Program Director
Past Member: AAPM&R PHiT Executive Committee

Brian Toedebusch, MD
Associate Residency Program Director
Past Member: AAPM&R PHiT President
Attending to resident ratio 17:12

Formal faculty mentorship program

Frequent 1:1 teaching and didactic sessions
TRAINING SITES

University Hospital*  Rusk Rehabilitation Hospital  Harry S. Truman Veteran Affairs Hospital*

Women’s and Children’s Hospital  Missouri Orthopaedic Institute*  *on MU campus
The University of Missouri Women's and Children's Hospital will be housed in a new pavilion east of the patient care tower. An enclosed foot bridge will connect the new pavilion to the physician's office building. The facility is expected to be up and running by summer 2024.
Rotation Highlights

Wide breadth of PM&R exposure and pathologies

• Inpatient focus during PGY2, increasing outpatient/consult exposure during PGY3 and PGY4
• Significant hands-on procedure opportunities!
  – No competition with fellows
• Exposure to:
  – Academic center, orthopedic center, spine program, pain program, Veterans’ Administration, freestanding IPR, SNF (as desired), private (as desired)
<table>
<thead>
<tr>
<th>Rotation</th>
<th>PGY-2</th>
<th>PGY-3</th>
<th>PGY-4</th>
</tr>
</thead>
<tbody>
<tr>
<td>Inpatient</td>
<td>10 months</td>
<td>1 month</td>
<td>1 month</td>
</tr>
<tr>
<td>Outpatient</td>
<td>2 months</td>
<td>4 months</td>
<td>4 months</td>
</tr>
<tr>
<td>Pediatrics</td>
<td>----</td>
<td>2 months</td>
<td>----</td>
</tr>
<tr>
<td>EMG</td>
<td>----</td>
<td>3 months</td>
<td>3 months</td>
</tr>
<tr>
<td>Elective</td>
<td>----</td>
<td>----</td>
<td>3 months</td>
</tr>
<tr>
<td>Consults</td>
<td>----</td>
<td>2 months</td>
<td>1 month</td>
</tr>
</tbody>
</table>
INPATIENT ROTATIONS BY TEAM

• Stroke
• Amputee
  – Pre-prosthetic and Prosthetic Gait Training
• Brain Injury / Ortho
• Spinal Cord Injury / Multiple Sclerosis
• Pediatrics
OUTPATIENT ROTATIONS

- Rusk 1 (Stroke / Amputee / SCI / BI)
- Rusk 2 (Interventional Pain / Spine)
- Rusk 3 (MSK / Sports Medicine)
- UMC EMG
- VA 1 (MSK/Amputee/Pain)
- VA 2 (MSK/Amputee/Pain)
- VA EMG
- Pediatrics
Residents have 3 electives that may be done within or outside the university system. These can be used for fellowship audition rotations, research, or in an area of interest.
PROCEDURES - PERCENTILE RANK

• MU vs all ACGME PM&R Programs Procedures Performed Nationwide

• Greater than 75th percentile for the majority of the required ACGME procedures
RESIDENT CALL

• Home call
• Monday through Thursday - OR - Friday through Sunday
  – PGY2 – 7 weeks
  – PGY3 – 5 weeks
  – PGY4 – 1 week
• Rounding on the weekend is done by the on-call team
• If you are not on call, you have the weekend off!
FINANCES

https://medicine.missouri.edu/offices-programs/graduate-medical-education/salaries-and-benefits

<table>
<thead>
<tr>
<th>Level</th>
<th>Salary</th>
</tr>
</thead>
<tbody>
<tr>
<td>PGY2</td>
<td>$61,436</td>
</tr>
<tr>
<td>PGY3</td>
<td>$63,531</td>
</tr>
<tr>
<td>PGY4</td>
<td>$66,390</td>
</tr>
</tbody>
</table>

- Inexpensive cost-of-living!
- Many housing, food, and entertainment options.
- Local airport, access to 2 major airports within 1.5 hours
  - During work: Lunch!
RESEARCH

• Department support/funding for conferences
• Research Committee
• Multiple posters, presentations, publications
• Senior Resident Research Director (PGY 4)
• Department funded researchers
• Participation is an ACGME requirement
QUALITY IMPROVEMENT/PATIENT SAFETY

• Multiple quality improvement and patient safety committees at Rusk Rehabilitation Hospital and University Hospital
• Multiple posters, publications, and presentations
• Senior QI and Patient Safety Directors (PGY 4)
• Participation is an ACGME requirement
NEXTGEN PRECISION HEALTH INITIATIVE

The **NextGen** building is the single largest research investment on campus, spanning four stories and 265,000 square feet. The goal is to bring crucial lab research into new life-changing interventions, medicines, technologies and treatments, specifically designed to improve an individual’s health based on their condition arising from unique genes, environment and lifestyle.
DIDACTICS

• 12 month comprehensive curriculum
• 3 hours weekly of protected time for learning
• Tuesday Faculty Dialogue and Resident Dialogue (0730-0900 am)
• Friday Chairman Rounds (0800-0900 am)
• Ultrasound curriculum-twice monthly sessions
• Journal club-evening monthly
• Rotation-specific reading assignments and didactic time 1:1 with attending
• Mock oral boards quarterly
• Yearly P&O conference, ultrasound course
MIZZOU SPORTS MEDICINE FELLOWSHIP

• Primary care sports medicine fellowship
• Collaborative effort between Departments of Family and Community Medicine, Physical Medicine and Rehabilitation, and Orthopaedic Surgery
• ACGME Accredited Fellowship

• Fellows rotate with different subspecialists on monthly rotations
• Regular access to ultrasound and procedures
• Weekly sports medicine didactics, monthly sports medicine journal club
• Fellows attend AMSSM Annual Meeting
• https://medicine.missouri.edu/departments/family-and-community-medicine/fellowship-training-ms-degree/primary-care-sports
## Past Fellowship Matches

<table>
<thead>
<tr>
<th>Year</th>
<th>Name</th>
<th>Specialty</th>
<th>Fellowship, Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>2023</td>
<td>Ben Gill, DO</td>
<td>Pain Medicine</td>
<td>Fellowship, University of Utah, Salt Lake City, UT</td>
</tr>
<tr>
<td>2023</td>
<td>Jess Roland, DO</td>
<td>Pain Medicine</td>
<td>Fellowship, University of Iowa, Iowa City, IA</td>
</tr>
<tr>
<td>2022</td>
<td>Kevin Moylan, DO</td>
<td>Interventional Spine Medicine</td>
<td>Fellowship, Cleveland Clinic, Cleveland, Ohio</td>
</tr>
<tr>
<td>2021</td>
<td>Matthew Elverman, MD</td>
<td>Spine &amp; Sports Medicine</td>
<td>Fellowship, NERA Spine, Sports &amp; Pain Medicine, Bethlehem, PA</td>
</tr>
<tr>
<td>2020</td>
<td>Benjamin Washburn, MD</td>
<td>Sports Medicine</td>
<td>Fellowship, Northwestern University McGaw/Shirley Ryan Ability Lab, Chicago, IL</td>
</tr>
<tr>
<td>2019</td>
<td>Rachael Brashears, DO</td>
<td>Pain Medicine</td>
<td>Fellowship, University of Minnesota, Minneapolis, MN</td>
</tr>
<tr>
<td>2019</td>
<td>Deanna Jewell, DO</td>
<td>Pediatric Fellowship</td>
<td>University of Kansas, Kansas City, MO</td>
</tr>
<tr>
<td>2018</td>
<td>Kristopher Marin, DO</td>
<td>Sports Medicine</td>
<td>Fellowship, Wright State University, Kettering Sports Medicine Center, Kettering, OH</td>
</tr>
<tr>
<td>2017</td>
<td>Elizabeth Barton, MD</td>
<td>Pediatric Rehabilitation Fellowship</td>
<td>Nationwide Children’s Hospital Columbus, OH</td>
</tr>
<tr>
<td>2017</td>
<td>Jeremy Stanek, MD</td>
<td>Sports Medicine</td>
<td>Fellowship, Washington University, St. Louis, MO</td>
</tr>
<tr>
<td>2016</td>
<td>Brian Toedebusch, MD</td>
<td>PM&amp;R Sports Medicine</td>
<td>Fellowship, University of California Davis SOM, Sacramento, CA</td>
</tr>
<tr>
<td>2016</td>
<td>Megan Clark, MD</td>
<td>Cancer Rehabilitation</td>
<td>Fellowship, University of Kansas, Kansas City, KS</td>
</tr>
<tr>
<td>2016</td>
<td>Louis Graham, MD</td>
<td>Pain and Musculoskeletal</td>
<td>Fellowship, University of Wisconsin, Madison, WI</td>
</tr>
<tr>
<td>2016</td>
<td>Nathan Kenyon, MD</td>
<td>Interventional Pain</td>
<td>Fellowship, Arizona Pain Specialists, Scottsdale, AZ</td>
</tr>
</tbody>
</table>
EXTRA EDUCATIONAL OPPORTUNITIES

• MSK Ultrasound Course
• MedZOU MSK Free Clinic
• Friday Night Lights sports coverage for local high schools
• Mizzou wheelchair basketball, Mizzou Rec Coverage
• Yearly P&O Conference
• Neuro PT Journal Club
• Opportunities are customizable!
ABOUT COLUMBIA

- Money magazine, Fortune magazine, U.S. News & World Report, MSN.com and others have all named Columbia one of the best places in the country to live!
  - Midway between Kansas City and St. Louis – best of both for sports!
  - Variety of restaurants and entertainment venues
  - Hosts more than a dozen annual cultural festivals
Things to do: Outdoors!

- Columbia has more than 70 parks [https://www.como.gov/parksandrec/park/](https://www.como.gov/parksandrec/park/)
- 82 percent of Columbia households use the trail system! [https://www.como.gov/parksandrec/trail/](https://www.como.gov/parksandrec/trail/)
- Run, walk, cycle [https://localraces.com/columbia-mo](https://localraces.com/columbia-mo)

Dr. Hannah Farmer and her husband Elliott biking on the trail!
CONTACT INFORMATION

• Dr. Claire Finkel – Residency Program Director finkelc@health.missouri.edu
• Dr. Brian Toedebusch – Associate Residency Program Director toedebuschbw@health.missouri.edu
• Brandi Morris – Residency Coordinator morrisbk@health.missouri.edu

• Dr. Benjamin Gill – Chief Resident benjamingill@health.missouri.edu

Visit our website at https://medicine.missouri.edu/departments/physical-medicine-and-rehabilitation